

March 23, 2020

MEMO

COVID-19 Updates

As you are aware, a resident met the criteria for testing for COVID-19 last Friday. Bayview is pleased to announce today that **negative** results were returned. We are grateful for the resident who demonstrated proactive action as well as the compassion and vigilance exhibited by the individual and the entire Bayview community. **As of Monday, March 23, there is still no confirmed case of COVID-19 at Bayview.**

While we are grateful the individual does not have COVID-19, **we must continue to take current protocols and prevention efforts seriously.** We are continuing to ask everyone to stay on **precautionary self-isolation.**

Precautionary self-isolation includes **eliminating nonessential** needs and tasks as much as possible. We understand there are certain **essential functions** that are necessary and may include taking out your garbage, relieving your animal, or getting **essential** shopping done. Walking out in Bayview's Terrace Lawn is considered essential as it is beneficial in mind and spirit to get fresh air but please do so by maintaining social distancing of 6 feet or greater. If you see more than 10 people then please refrain from going out and try again at another time. We recognize that there will be many questions on what is considered safe and what is not. Ultimately, we ask that any **non-essential** needs be reduced as much as possible, if not eliminated.

In the event you must head out to purchase essential items, several chains have established **special shopping hours** to help those 60 and over safely get groceries. Here are the dedicated opening hours for seniors. Please call ahead as times are subjected to change.

(see back)

- Safeway/Albertsons: Tuesdays and Thursdays from 7:00 am-9:00 am
- Metropolitan Market: Monday through Friday, 7:00 am - 8:00 am
- Whole Foods: Daily, 7:00 am – 8:00 am
- Target: Every Wednesdays, 7:00-8:00 am
- Walmart: Every Tuesday, one hour before stores open to general public. March 24 – April 28.

A friendly reminder: Bartell's is continuing to deliver. Please reach them at 206-284-1353. Safeway, Metropolitan Market, Amazon Fresh and other grocery chains have delivery solutions as well.

We truly thank everyone for taking critical steps to ensure we remain COVID-free. Please direct any additional questions to Joel Smith, Health Services Administrator (ext. 3357).