



April 16, 2020

## Message from our CEO

As of this writing, Bayview remains one of the few senior living communities that remain COVID-19 free, due in large part to the vigilance of residents and staff in following infection control guidelines and the measures we've put in place. The longer we are in "lockdown," the harder it becomes to remain vigilant, but it is more important than ever.

Yes, we hear that Washington is "flattening the curve." But make no mistake, the virus continues to spread, though it appears to be spreading at a slower rate. The virus is opportunistic: as people let down their guards, maybe ignore social distancing here and there, maybe not wear masks here and there, maybe not hand sanitize here and there, people will start getting sick again. And we're seeing at other retirement communities when one person gets sick with COVID-19, it rarely stays with that one person because of the highly contagious nature of this virus. It spreads. Quickly. And remember, transmission can occur when people are asymptomatic. This is the devious part of the virus.

DO NOT ease up on infection control measures. Continue to abide by the measures we've put in place as well as the Governor's order. I was just on a call with health officials from Seattle King County Department of Health, Department of Social and Health Services, and other state health care agencies. They stressed that the governor's intent with his Stay Home Stay Safe proclamation was not to gather as long as we're 6 feet apart – it was not to gather. Period. If you have to, make sure you're at least 6 feet apart.

At the same time, we know that this too shall pass, and at some point we're going to go back to "normal" life here at Bayview. We are planning for that as well, and our plan will probably look similar to the Governor's plan of easing out of restrictions in phases. Stay tuned on that front. As always, our number one priority is your safety and well-being.

I continue to be honored and humbled to be part of such an amazing community. Stay safe, stay well. Your smiling eyes (above your masks) lighten all of our hearts. Have a great weekend, everyone.

With love and gratitude,

Nancy Weinbeck, CEO





# BAYVIEW

A POINT OF VIEW

## COVID-19 Update

As another week passes, Bayview continues to be COVID-19 free. It is hard to describe what an incredibly large accomplishment this is. Through all of this, we each continue to struggle to find a new “normal”. We are being forced to develop new routines, and patterns of behavior, many of which we don’t like, all in hopes that this new routine is temporary.

As time passes, some of us are finding this “new era” of “social distancing” or “social isolation” difficult to adapt to. These times are challenging to all of us. Globally, from the leaders of nations, to locally, Governors of states, and even closer to home, the Executive Team and front-line leaders are being challenged every day to meet the normal standards, expectations and even regulations while the entire world around us changes, day-by-day, and sometimes hour-by-hour. Individual perception of what is “right” and what is “wrong” is being tested more than ever, and finding the strength within of patience, forgiveness, and understanding for not only others, but for ourselves is proving to test the limits of our human nature as a collective group.

It is easy to get caught up in the finer details of right and wrong, and with high stress and anxiety, these details may appear to us as “failures”. I want us all to keep the perspective and realize the accomplishment we have all made, together to remain COVID-19 free. We MUST keep this knowledge in the forefront of our minds. We are NOT failing. We ARE succeeding! Together we must all keep adapting, remaining vigilant, and keep fighting the urge to “bend the rules”. Do not waiver in our resolve. Only together can we keep safe. Only together can we stay healthy.

More trending questions:

1. “I have seen other people not following CDC or facility guidelines, and it scares me. What should I do, or what can be done to make these ‘other’ people utilize proper infection control procedures?”

Our frustration at the above issue stems from the loss of control of our own environment. COVID-19 has turned our lives upside-down. At this point, none of us want to be “told” what to do, or how to behave. However, as we have seen life around us dramatically change, coupled with fear about the seriousness of our current situation, we have this innate drive to control everything around us in order to stay safe and stay alive.

Quite simply, we cannot control the actions and behaviors of others. We can politely remind people of our collective social responsibility to utilize proper infection control practices, however, when reminders fall upon “deaf ears”, we need to make the choice to stay in control of our own actions. We should choose to socially distance ourselves away from those people. Please continue to utilize proper infection control procedures including proper hand hygiene. Continue to inform the executive leadership of situations that you feel are unsafe, or against our current policy. Continue to ask for clarification of our processes, and our





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leadership team will continue to educate and work with the small segment of people that have a more difficult time following proper guidance. We will also continue our sanitation rounds. Together, we will make a difference.

2. “Will I be forced to move out of my apartment if I contract COVID-19?”

Our top priority is the safety of all our residents at Bayview. Our leadership team has developed contingency plans if people contract COVID-19. There are measures in place to quarantine, consolidate (move people of like illness in the same area of the facility) and to cohort (move people of like illness in the same room) within areas of Bayview, including but not limited to, the Health Center. Our preference is Bayview people stay in Bayview. Please keep in mind, if Bayview acquires a COVID-19 positive case, the King County Department of Health (DOH), and the Department of Social and Health Services (DSHS) will be notified. DOH will notify the Washington State Department of Health, who will then notify the Federal Centers for Disease Control (CDC). These four (4) agencies will descend upon Bayview and temporarily direct our COVID-19 operations. It will be the executive team’s responsibility to work collaboratively and in conjunction with these agencies to ensure the safety of all of our residents. Even with our current contingency plans, if the State and Federal agencies recommend moving infected residents to other locations such as hospitals or acute care settings, we will follow their guidance and notify the appropriate responsible parties at that time. Bayview residents who have fully recovered from COVID-19 will not lose their apartment. I want to reiterate, Bayview remains COVID-19 free as of this writing.

Sincerely,

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