



Monday, April 6, 2020

COVID-19 Updates:

As you may heard, Governor Inslee announced the extension of Washington state's *Stay Home, Stay Healthy* initiative through May 4. The governor also warns Washingtonians against complacency and strongly advises everyone to continue to fully commit to mitigation efforts until the threat is fully extinguished. **As of this writing, we continue to have no confirmed COVID-19 cases.** Here are a few updates we would like to share:

New CDC Recommendation for Masks:

In light of new data about how COVID-19 spreads, the Washington state Department of Health joined the Centers for Disease Control (CDC) in recommending as of Friday, April 3, "that people wear cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), especially in areas of significant community-based transmission. Wearing cloth face coverings is an additional public health measure people should take to reduce the spread of COVID-19. CDC still urges that you stay at least 6 feet away from other people (social distancing), frequent hand cleaning and other everyday preventive actions. A cloth face covering is not intended to protect the wearer, but it may prevent the spread of virus from the wearer to others. This would be especially important if someone is infected but does not have symptoms. Cloth face coverings should be routinely washed depending on the frequency of use. A washing machine should suffice in properly washing a face covering. The new guidance stresses that members of the general public should not use surgical and N95 masks, because those should be reserved for health care workers. Instead, they should wear cloth masks or other makeshift face coverings." Please visit www.bit.ly/CDCMasksInfo for more information.

How do I obtain a mask?

Bayview will be distributing reusable filtered cotton masks **by request due to the limited supply currently available**. Please call Heather Smith at extension 2313 or email HSmith@bayviewseattle.org to be signed up to receive a mask with detailed instructions attached.

What if I have my own masks and/or am sewing masks?

We thank anyone who is able to devise their own makeshift cloth face covering, as we have **limited supply of reusable filtered cotton masks**. While we are in the process of ordering more, the generosity of our residents using their sewing talents has not gone unnoticed. In addition, as written in the April monthly, Sue Jackels and Marian Karpoff are looking for additional residents with sewing machines and those interested in helping put together masks. Please contact Sue at 2715 or 2725, or Marian at 2702.



Daily 3900 messaging line:

As a reminder, we are updating our messaging line daily to announce Bayview's COVID-19 status as well as any other pertinent updates. Simply dial 3900 on your Bayview phone line.

Now is not the time for complacency:

With each memo, we have expressed cautious optimism in Bayview remaining COVID-19 free. However, health officials continue to warn individuals **against complacency or relaxed social distancing rules**. We should assume that anyone could be carrying the virus. If you leave home for an essential task, assume you were exposed to COVID-19. We emphasize this mentality as not to cause panic or fear but as a measure of continued diligence.

Palm Sunday Service Update:

Due to technical difficulties, we are unable to show the pre-recorded Palm Sunday Service on Channel 69. As an interim solution, the recording is now available via Bayview's YouTube at www.youtube.com/RetireAtBayview. We will continue to work on a solution for Channel 69 to play pre-recorded videos.

Lastly, thank you for your unending commitment in keeping our community safe and healthy.

Please reach out to Joel Smith, Health Services Administrator with any questions:

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