



Friday, July 24, 2020

COVID-19 Updates: Quarantine process, Facemasks and Visitation:

Quarantine Process:

There has been a little confusion over the quarantine process. To help clarify, the following is broken down into three categories: 1) Hospital and Emergency Room stays, 2) Overnight visits, and 3) Quarantine differences between residents and staff.

1. Hospital stays and Emergency Room (ER) visits:

If you visit an Emergency Room (ER) or if you stay overnight in a hospital, you will be placed on a 14-day quarantine. In order to prevent the potential spread of infection including COVID-19 this is required.

Bayview has also implemented a “Test Based” strategy. If you are tested at the hospital or ER for the presence of COVID-19, your quarantine time may be reduced to 72-hours after your results are determined AND the results are negative. Positive results will be addressed on an individual basis. If the hospital is unable to test you, contact your Primary Care Physician to obtain orders for a test. If you are still unable to obtain an order, contact Jamie Hart, Janice Pate, or myself (Joel Smith) for further instructions.

2. Overnight visits outside of Bayview and Travel:

If you want to go on a trip and stay overnight outside of this community, upon your return, you will be quarantined for 14-days.

Again, Bayview has implemented a “Test Based” strategy. Your quarantine time may be reduced, if you are able to obtain a COVID-19 test upon your return to Bayview, to 72-hours after your results are determined AND the results are negative. Positive results will be addressed on an individual basis. Prior to leaving, please make arrangements with your Primary Care Physician to obtain orders for a test for when you return. If you are unable to obtain an order, contact Jamie Hart, Janice Pate, or myself (Joel Smith) for further instructions.

Please remember, the Governor’s “Stay Home, Stay Safe” proclamation is still in effect. Therefore, people should leave their apartments only for essential business and minor exercise. At this point, COVID-19 cases have increased to the highest levels in Washington State since the inception of the pandemic. Now is not the time to be planning overnight, non-essential trips. Stay Home, and Stay Safe please.

3. Differences between Residents and staff:

There has been a trending question regarding the difference of staff members who leave the building, go to the grocery store, go out in public, and go home then return to Bayview and do not have to be quarantined versus Residents who do essentially the same activities yet have to endure a quarantine.

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The Centers for Disease Control (CDC), the Department of Health (DOH) and the Department of Social and Health Services (DSHS) have divided people in senior living communities into two categories: a) Professional Staff and b) Residents.

- a) For Staff: It is REQUIRED that any staff member who feels or exhibits signs or symptoms of ANY illness stay at home. They are NOT allowed to enter the building. Any staff member who develops signs or symptoms of illness while at work are REQUIRED to leave the community immediately, and to quarantine in their house or apartment until three days after the last signs or symptoms of illness. If their illness is symptomatic of COVID-19, Bayview requires a negative test result in order to return to work. Daily employee screening, prior to working, is REQUIRED. Employees may only enter at one location in the building.
- b) For Residents: If a Resident becomes sick, there is no place outside of the community for the resident to quarantine. The illness stays within the walls of the community and the potential for exposure to others is enormous. Staff isolate at home whereas, residents isolate at Bayview. This is the major difference.

If you have further questions about this, please contact me (Joel Smith) at your convenience.

Facemasks:

The Governor has mandated the use of facemasks in public. This is no longer a debate in Washington State.

Every time you open your apartment door to answer the door, or leave, you MUST properly wear your facemask

Universal Source Control (the consistent and proper use of facemasks) is the key to preventing the spread of most infections or illnesses including COVID-19. Bayview is living proof of this as we have implemented Universal Source Control early in the pandemic and have stayed COVID-19 free to date. We want to keep it this way!

- We have the power to protect ourselves.
- We have the power to consistently utilize proper infection control procedures.
- We have the power to utilize proper Universal Source Control when we open our apartment door and leave for essential business.
- We have the power to offer assistance but give grace when unaccepted.
- We have the power to choose what people we associate with.
- We have the power to temper our behavior and control our actions towards those who frustrate us.

Bayview's Executive Leadership will continue:

- To enforce and respond to infractions of our infection control policies as we are able and notified.





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- To remind community members of their social responsibility of Universal Source Control and proper infection control practices.
- To respond to emails and phone regarding the pandemic as quickly as possible.
- To find new ways of navigating safely through COVID-19 and will continue to keep you up-to-date as things change and evolve.

Visitation:

Our visitation plan is designed to keep our community members, residents, staff, and family members as safe as possible while being allowed to visit loved ones. This plan will include a series of steps that will allow for graduated levels of visitation. Here is a brief outline of our measured approach.

Step 1: Scheduled Internal Visitation for Spouses and Next of Kin living in different care levels at Bayview:

Beginning Monday, July 27th, 2020, Bayview will open, on a scheduled and limited basis, internal visitation between residents with a spouse or next of kin living in Independent Living (IL), Assisted Living (AL), Memory Care (MC), and Skilled Nursing (Health Center of HC).

The following guidelines below are subject to change at any time:

- Only scheduled visits will be allowed. If you have a spouse or next of kin living in a different level of care, please contact the following staff to schedule a visit on:
 - AL or MC, please contact Pamela Yeo at 2127.
 - HC, please contact Janice Pate at 3354.
- All visits will require residents to wear Personal Protective Equipment (PPE) including, but not limited to:
 - Gloves
 - Facemask
 - Gown
 - Eye Protection (if necessary)
- All visits will require residents to be screened prior to the visit.
- There are limits of two (2) visits allowed each week or as the schedule permits. This is to ensure staff monitors are available.
- Visits will occur outdoors at designated locations and are weather dependent. Foul weather may cancel scheduled visits. Visit locations will be explained during the scheduling process.
- Visitation will be no more than 30 minutes maximum and may be reduced at any time.
- All visits are “No Contact” visits, meaning community members shall not touch one-another during the visit and will remain socially distanced during the entire visit.
- Visit locations will be sanitized after each visit.

The remaining visitation steps are outlined below. **The full, detailed visitation policy will be available soon.**





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Step 2: Scheduled, Limited Group, Internal Visitation for Residents (not limited to spouse or next of kin) living in different care levels of Bayview.

This includes:

- Your resident friend living at Bayview who is on a different level of care

Step 3: Scheduled, Limited Group Visitation with Outside, Immediate family members.

Immediate family members include:

- Spouse
- Sibling
- Durable Power of Attorney
- Adult children over the age of 18
- Immediate next of kin

Step 4: Scheduled, Limited Group Visitation with Outside Friends and extended family.

All visitation procedures noted above are dependent upon the community's ability to remain COVID-19 free. If Bayview acquires a single COVID-19 positive case, visitation will immediately cease and be allowed only for end-of-life procedures only.

With the rising cases of COVID-19, and the opportunity for limited visitation, now, more than ever, is the time to be vigilant against the spread of COVID-19. Stay Home and Stay Safe. Practice excellent infection control practices. Consistently and properly utilize Universal Source Control and keep healthy and happy.

Sincerely,
Joel G. Smith
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