



BAYVIEW

A POINT OF VIEW

3/5/2021

COVID-19 Updates:

Post vaccination update:

This week marks a pivotal week in Washington. In the course of one (1) year, over 5,000 Washingtonians have perished as a result of COVID-19. Countless of people, that we know of and love, have been touched in one way or another, by the devastating effects of exposure. In a year that has seen an unparalleled amount of turbulence, this sobering milestone highlights the frailty, yet resilience of our community.

With our final vaccination clinic under our belt and enough time for our vaccinations to take full effect, the Executive team is fielding more and more questions from residents and staff alike of “What Comes Next?”

At this point, the Governor, and the State Department of Health have “doubled down” on their COVID-19 prevention efforts. With full vaccination and an efficacy rate of 95%, 1 in every 20 fully vaccinated people can still be afflicted with COVID-19. This calculation does not consider the new variants of COVID-19 that have been found in Washington State. State agencies equate the time we are in right now to the “Seventh Inning Stretch” of a baseball game. The game is almost over, but this time serves as a pivotal point of “finishing” the game or needing to go into “Extra Innings”.

It is important to know we still need to maintain a strong resolve to see this Pandemic through the end. We must remain vigilant in our core principles of infection control, which includes Universal Source Control (proper use of facemasks), maintaining social distancing, practicing excellent hand hygiene, and avoiding crowded space and areas with poor ventilation.

State agencies have developed two different plans to follow. The Department of Social and Health Services’ (DSHS) “Safe Start for Long-Term Care Plan,” which applies to Bayview’s licensed care areas, and the Governor’s “Roadmap to Recovery” plan, which applies to Independent Living.

Of course, the two plans are not consistent, and do not match. Therefore, the Executive Team has been working diligently to blend the two plans together. Here are some examples of changes the Executive Team is implementing:

Quarantine Policy

1. *Will the quarantine restrictions of 14 days change, or be eliminated if we are fully vaccinated?*



As of this writing, NO but with exceptions below. Vaccinations are known to protect the vaccinated individual but not known to prevent the transmissibility of the virus. Coupled with new variants of COVID-19, state agencies continue to strongly recommend a quarantining process of 14 days.

For Independent Living residents, the Centers for Disease Control (CDC) has stated fully vaccinated people do NOT need to quarantine after known or potential exposure to COVID-19 if they meet all of the following criteria:

- Are fully vaccinated (>2 weeks following receipt of the second dose in a 2-dose series, or >2 weeks following the receipt of one (1) dose of a single-dose vaccine).
- Have remained asymptomatic since the current potential exposure.
- Are within 3 months following the receipt of the last dose.

Examples of how this guidance may apply at Bayview:

- An Independent Living Resident that meets the criteria and goes to the Emergency Room and returns to Bayview will **not** need to quarantine for 14-days upon return.
- An Independent Living Resident that meets the criteria and goes to the hospital overnight will not need to quarantine for 14-days upon return to their apartment.

Examples of where the CDC guidance may NOT apply at Bayview:

- An Independent Living Resident that meets the criteria and travels out of state and returns should quarantine for 14-days upon return in accordance with the Governor's Proclamation 20-83.1.
- An Independent Living Resident that meets the criteria and goes to the hospital and returns to a licensed part of the Bayview such as Skilled Nursing or Assisted Living will still need to quarantine for 14-days upon return.
- New move ins and new admissions to Bayview that meets the criteria will still need to quarantine for 14 days upon arrival to the facility.

Travel Policy

2. *Do I need to quarantine if I travel outside of the state?*

In accordance with the Governor's proclamation 20-83.1, if you travel outside of Washington State and return to Washington, Independent Living residents should quarantine for 14-days. It is recommended for Independent Living residents that leave Bayview and return to conduct a self-assessment utilizing the Department of Health's "Risk Assessment Template" to determine the risk of exposure and need for quarantine.



For residents that live in Assisted Living, Memory Care, and Skilled Nursing, the facility is required to implement the Department of Health's "Risk Assessment Template."

We understand how confusing this process is as there are many more "What If" scenarios. If you have specific questions, please email, or contact Joel Smith (ext. 3357 or 206.281.5747) or Janice Pate (3354 or 206-281-5778) to conduct a risk assessment to determine the risk level of exposure.

Dining Protocols

3. *When will we be able to eat in the dining room again?*

The Executive Team is taking a measured and controlled response to the Governor's Roadmap to Recovery plan. We are pleased to announce a planned reopening of the Terrace Garden Food Court on **Monday March 15th**. More information from Dan Galvin, Director of Culinary Services, will follow in future correspondence.

Residents residing in licensed areas must follow the DSHS' Safe Start for Long-Term Care Plan and at this time, are not able to participate in Terrace level dining activities. Communal dining for regulated areas is slated to begin in Phase 3 of the DSHS plan.

Visitation Policies

4. *When will we be able to have people come into the facility and visit me in my apartment?*

The Executive team is currently working on policies and procedures governing indoor visitation. Although indoor visitation is technically not allowed in the current COVID-19 environment, government agencies have designed specialized provisions for "limited" indoor facility access. These provisions include the "Essential Support Person (ESP)" and "Compassionate Care Visits (CCV)".

An Essential Support Person (ESP) is a loved one, caretaker, or advocate for a resident of long-term care. In LTC Phases 1 and 2 of the Safe Start for Long-Term Care Plan, ESPs may visit a resident of long-term care indoors. Even though Independent Living Residents are not considered "long-term care" residents, living in a Life Plan Community qualifies all residents of the community eligible for ESP assessment.

Compassionate Care Visits (CCVs) have already been occurring at Bayview; however, new guidance has further defined the CCVs. Compassionate care visits primarily included "End-of-Life" visitation but now allow for necessary support to residents facing serious health or emotional crises.

The difference between ESP and CCV is CCV visits may qualify for in room visitation whereas ESP visits are conducted in designated indoor spaces within the building.



In order for you to participate in the ESP/CCV visitation program, all residents must be assessed to determine their ESP or CCV qualifications. There are certain restrictions and requirements governing each type of visitation. If you are interested in ESP or CCV visitation:

Independent Living Residents: Contact Heather Smith – ext. 2313 (206-281-5759)
Assisted Living & Memory Care Residents: Contact Pamela Yeo –2127 (206-281-5755) or
Jamie Hart – 2107 (206-301-4393)
Health Center Residents: Joel Smith – 3357, Janice Pate – 3357.

In reflection, please know, ALL efforts to prevent the spread of exposure and infection have been key to our success and know that we truly appreciate all the efforts and sacrifices you have made over the past year.

Sincerely,



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