



# BAYVIEW

A POINT OF VIEW

3/26/2021

## UPDATED VISITATION AND GUIDANCE

I want to thank each and everyone of you for your continued support and patience as we navigate our way through the most recent state and federal changes surrounding visitation. As the dust has somewhat settled from the flurry of changes, the Executive team has outlined our new guidance and recommendations accordingly. Bayview's guidance is subject to change as state and federal guidance continues to evolve.

All visitation relies upon Residents and Visitors following key elements of the core principles of infection control while in Bayview AND while at home: These elements include:

1. Wear a well-fitting facemask.
2. Practice good hand hygiene by frequently using Alcohol Based Hand Rub.
3. Practice six (6) foot social distancing.
4. Comprehensive and truthful screening practices.

In accordance with the Governor's proclamation, Bayview reserves the right to refuse visitation for any people who cannot meet visitation criteria, including the core principles of infection control. People with a medical exemption for facemask use should contact Joel Smith (x3357 | 206.281.5747 | [jsmith@bayviewseattle.org](mailto:jsmith@bayviewseattle.org)) prior to any visit to Bayview.

### **DEFINITION:**

Fully vaccinated Resident / Individual:

- A fully vaccinated Resident / Individual is a person who has received the recommended doses of COVID-19 vaccine (two shot series for Pfizer or Moderna, one shot series for Johnson & Johnson), and 14-days have past since the last recommended dose of COVID-19 vaccination.
- A Resident / Individual is NOT fully vaccinated prior to the 14-day post final vaccination period, or with only one dose of a two-dose series received.

### **OUTDOOR VISITATION:**

- It is "BEST PRACTICE" to conduct any visitation outdoors.
- There are no changes to Bayview's outdoor guidance.
- Please continue to schedule outdoor visitation with the appropriate Director / Manager of each type of care level:
  - Assisted Living/Memory Care - Pamela Yeo x2127 ([pyeo@bayviewseattle.org](mailto:pyeo@bayviewseattle.org) or 206-281-5755)
  - Health Center - Janice Pate x3354 ([jpate@bayviewseattle.org](mailto:jpate@bayviewseattle.org) or 206-281-5778)

### **INDOOR VISITATION:**

Bayview indoor visitation will begin with the following guidance **starting March 29<sup>th</sup>, 2021**. Bayview Visiting hours are from 8:00am to 8:00pm, Sunday through Saturday.

- Employees have been notified the visitor parking lot will be closed to employees and open for visitors beginning Monday, March 29<sup>th</sup>, 2021.
- Please note there are parking lot exceptions for specific staff made on a case-by-case scenario and with supervisor approval.
- Nightshift staff can still park in the visitor lot between 5 pm to 7 am.

In accordance with the Governor's proclamation, the Center's for Disease Control (CDC), the Centers for Medicare and Medicaid Services (CMS), the Department of Health (LHJ), and the Department of Social and Health Services (DSHS):

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Current guidance relies upon vaccination as a main factor when considering indoor visitation. The following describes when indoor visitation is allowed:

- A fully vaccinated resident may visit with a fully vaccinated visitor.
- A fully vaccinated resident may visit with an unvaccinated visitor.
- An unvaccinated resident may visit with a fully vaccinated visitor.
- An unvaccinated resident may visit with an unvaccinated visitor ONLY for compassionate care reasons as assessed on an individual basis.

The following describes when indoor visitation is NOT allowed:

- An unvaccinated resident may NOT visit with any unvaccinated visitor.
- It is the responsibility of the Resident to inform visitors of the resident's vaccination status. Facility staff is unable to give this information directly to visitors as divulging Resident medical information is a violation of HIPAA regulations.

### **QUARANTINE:**

There have been changes made to the need to quarantine. The following is a brief description:

- Fully vaccinated people, who are asymptomatic and have not been exposed to COVID-19 do NOT need to quarantine for 14-days upon admittance to Bayview.
- A new risk assessment has been created which accounts for vaccination. Please refer to the new Risk Assessment form dated March 19<sup>th</sup>, 2021 to assess your risk of exposure for essential and non-essential trips outside of Bayview.
- It is the Resident's responsibility to notify a supervisor, or Executive team member if you believe you assessed your risk of exposure to be categorized as "high".

### **FACILITY ENTRANCE SCREENING:**

- All visitors must screen at Reception at the Aloha Street Main Entrance. Visitors are not allowed entrance to the facility from any other entrance.
- All employees must screen at the front lobby at the Aloha Street Main Entrance.
  - Once the initial employee screening is complete, employees may enter from other facility entrances throughout the facility.
  - Employees must show the current daily security sticker to the camera in order to gain entrance from other locations.
  - If the employee has lost their daily security sticker, the employee must re-enter from the Aloha Street Main Entrance AND rescreen to obtain a new security sticker.
- It is the responsibility of the visitor and employee to answer screening questions truthfully and honestly.
- If a visitor / employee is not feeling well, the visitor/employee should stay home.
- If a visitor does not know the vaccination status of the resident they have come to see and have not been fully vaccinated themselves, the visitor should stay home.

### **TRAVEL:**

In accordance with the Governor's proclamation regarding travel to Washington State:

- Visitors who have traveled from out of state are required to quarantine for seven (7) days post travel and test negative three (3) to five (5) days post arrival PRIOR to entry into Bayview OR;
- Visitors who have traveled from out of state are required to quarantine for ten (10) days post travel without testing PRIOR to entry into Bayview.
- Visitors will be denied entry to Bayview if they do not meet the screening criteria.

The following visitation stipulations are implemented for each care area:

### **INDEPENDENT LIVING:**

Independent Living residents fall under the Governor's "Healthy Washington, Roadmap to Recovery" guidance.

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- In-apartment visitation is allowed; however, we continue to strongly encourage outdoor visitation.
- Visitation in common areas inside Bayview is NOT allowed. Visitors must move directly from the screening area to the resident's apartment. Once visitation is over, the visitor must leave out the nearest exit.
- Reasons for no common area visits:
  - 96% of Bayview Residents, and 81% of Bayview employees were vaccinated. While these numbers, in comparison to other facilities with rates below 60%, are exceptional, there are still unvaccinated people in Bayview that could ignite widespread exposure and illness to all.
  - There is still a 1 in 20 chance a vaccinated person can be afflicted with COVID-19.
- Limit apartment visitation to no more than two (2) visitors at a time for proper social distancing.
  - If the Resident is unvaccinated, one (1) visitor is vaccinated, and one (1) visitor is NOT vaccinated, the non-vaccinated visitor will NOT be allowed to visit.
- Limit apartment visitation to 1 visit a day to control the facilities overall viral exposure load.
- Although it is not encouraged or recommended, fully vaccinated Residents AND fully vaccinated visitors *may* relax or loosen facemask use while inside the Resident's apartment. However, facemask use is required at all times when outside of the residents' apartment.
- Although it is not encouraged or recommended, the Resident may choose to have close contact. If chosen, the Resident and visitor should:
  - wear well-fitting facemasks,
  - should limit the duration of close contact as possible, and
  - should sanitize hands before and after the close contact.
- Visits should occur between the resident and family / visitor only and should not include other Bayview residents at the same time for the same exposure reasons listed above.

### **ASSISTED LIVING:**

Assisted Living residents fall under the Department of Social and Health Services "Safe Start for Long-Term Care Recommendations and Requirements" guidance which differs from the Governor's "Healthy Washington, Roadmap to Recovery" guidance.

- Outside visitation is still considered "Best Practice" and should continue as previously scheduled including the 30-minute time frame, and monitors.
- Current Phase 1 guidance eliminates the "Essential Support Person" and allows for inside facility visits in designated areas only. In-apartment visitation will be allowed as the King County infection rate improves or in specialized, and as individualized Compassionate Care Visits (CCV) allow. For more information about CCV visitation on Assisted Living, please contact Pamela Yeo x2127 ([pyeo@bayviewseattle.org](mailto:pyeo@bayviewseattle.org) or 206-281-5755).
- Designated indoor visitation areas for Assisted Living are:
  - The TV lounge.
  - The Dining room.
- Increase indoor visitors to two (2) people at a time.
- Indoor visitors do not need to be designated by the resident.
- Indoor visits do not need to be monitored, but visitors and / or the Resident should know how to contact staff in the event of a concern or need.
- Visitors need to be escorted to and from the designated Assisted Living visitation area to control and limit exposure to others as outlined in 1 and 2 above.
- Limit visitation to the schedule of designated areas. To schedule your indoor Assisted Living visit, please contact Pamela Yeo as listed above.
- Increase the duration of the visit to 45-minutes.
- Increase the frequency of visitation to one (1) visit per week.
- Designated areas must be sanitized before and after each visit.



- Residents may choose to have close contact, including touch. If chosen, the Resident and visitor must:
  - Must wear well-fitting facemasks during any touching.
  - Sanitize hands prior to and immediately after the close contact.
- Current Phase 1 guidance does NOT allow for loosening of facemask use in Assisted Living. The Executive Team continuously monitors the King County rate of infection for any adjustments to this requirement.
- After-hours visitation is allowed on a person-centered, individualized basis.

### **SKILLED NURSING RESIDENTS:**

Skilled Nursing Residents (or Health Center Residents) fall under the Department of Social and Health Services (DSHS) “Safe Start for Long-Term Care Recommendations and Requirements” guidance which differs from the Governor’s “Healthy Washington, Roadmap to Recovery” guidance.

- Outside visitation is still considered “Best Practice” and should continue as previously scheduled including the 30-minute time frame, and monitors.
- Current Phase 1 guidance eliminates the “Essential Support Person” and allows for inside facility visits in designated areas only. In-room visitation will be allowed as the King County Infection rate improves, as resident privacy allows, or in specialized, and as individualized Compassionate Care Visits (CCV) allows. For more information on Skilled Nursing CCV visitation, please contact Janice Pate x3354 ([jpate@bayviewseattle.org](mailto:jpate@bayviewseattle.org) or 206-281-5778).
- Designated indoor visitation areas for Skilled Nursing are:
  - The “Fish Tank” area.
  - The Dining room.
- Increase indoor visitors to two (2) people at a time.
- Indoor visitors do not need to be designated by the resident.
- Indoor visits do not need to be monitored, but visitors and / or the Resident should know how to contact staff in the event of a concern or need.
- Visitors need to be escorted to and from the designated Skilled Nursing visitation area to control and limit exposure to others as outlined in 1 and 2 above.
- Limit visitation to the schedule of designated areas. To schedule your indoor Skilled Nursing / Health Center visit, please contact Janice Pate as listed above.
- Increase the duration of the visit to 45-minutes.
- Increase the frequency of visitation to one (1) visit per week.
- Designated areas must be sanitized before and after each visit.
- Residents may choose to have close contact, including touch. If chosen, the Resident and visitor must:
  - Must wear well-fitting facemasks during any touching.
  - Sanitize hands prior to and immediately after the close contact.
- Current Phase 1 guidance does NOT allow for loosening of facemask use in Skilled Nursing. The Executive Team continuously monitors the King County rate of infection for any adjustments to this requirement.
- After-hours visitation is allowed on a person-centered, individualized basis.

### **DOROTHY’S PLACE MEMORY CARE RESIDENTS:**

Dorothy’s Place Memory Care Residents fall under the Department of Social and Health Services (DSHS) “Safe Start for Long-Term Care Recommendations and Requirements” guidance which differs from the Governor’s “Healthy Washington, Roadmap to Recovery” guidance.

- Outside visitation is still considered “Best Practice” and should continue as previously scheduled including the 30-minute time frame, and monitors.
- Current Phase 1 guidance eliminates the “Essential Support Person” and allows for inside facility visits in designated areas only. In-room visitation will be allowed as the King County Infection rate improves, as



resident privacy allows, or in specialized, and as individualized Compassionate Care Visits (CCV) allows. For more information on Skilled Nursing CCV visitation, please contact Pamela Yeo x2127 ([pyeo@bayviewseattle.org](mailto:pyeo@bayviewseattle.org) or 206-281-5755).

- The designated indoor visitation area for Dorothy's Place Memory Care is:
  - The Living room.
- Increase indoor visitors to two (2) people at a time.
- Indoor visitors do not need to be designated by the resident.
- Indoor visits are monitored, but monitors should allow for as much privacy as possible.
- Visitors need to be escorted to and from the designated Dorothy's Place Memory Care visitation area to control and limit exposure to others as outlined in 1 and 2 above.
- Limit visitation to the schedule of designated areas. To schedule your indoor Dorothy's Place Memory Care visit, please contact Pamela Yeo as listed above.
- Increase the duration of the visit to 45-minutes.
- Increase the frequency of visitation to one (1) visit per week.
- Designated areas must be sanitized before and after each visit.
- Vaccinated Residents may choose to have close contact, including touch. If chosen, the Resident and visitor must:
  - Must wear well-fitting facemasks during any touching.
  - Sanitize hands prior to and immediately after the close contact.
  - Visitors should continue to wear Personal Protective Equipment (PPE) including gowns, gloves, and eye protection during any touching.
- Current Phase 1 guidance does NOT allow for loosening of facemask use in Memory Care. The Executive Team continuously monitors the King County rate of infection for any adjustments to this requirement.
- After-hours visitation is allowed on a person-centered, individualized basis.

#### **CHILDREN:**

- Children, considered ages two (2) through seventeen (17) are allowed to visit as one (1) of the two (2) visitors as long as the Resident is fully vaccinated AND the child can follow the core principles of infection control including:
  - Proper facemask use.
  - Proper social distancing.
  - Proper hand hygiene.
  - Controlled movement and behavior.
- Infants, considered ages zero (0) to two (2) years of age, are allowed and are not counted as part of the total visitation count.
- Residents must be fully vaccinated to have infant and child visitation.
- Ensure strict adherence to the core principles of infection control if the fully vaccinated Resident chooses to hold the infant.

#### **ESSENTIAL CONTRACTORS:**

Essential Contractors, such as the elevator crew, or salon workers:

- Are not required to be vaccinated.
- Must adhere to the core principles of infection control including personal protective equipment (PPE) usage.
- Must screen Residents prior to providing services, as applicable.
- Must sanitize the space before and after each service.
- Must follow the Governor's "Healthy Washington, Roadmap to Recovery" guidance.

#### **COMINGLING:**

Comingling in general is not encouraged, however, will now be allowed on a limited basis and sometimes individualized basis. Core principles of infection control must be maintained as appropriate.

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Examples of what is allowed:

- A vaccinated Assisted Living (AL) or Skilled Nursing (HC) Resident would like to participate in the Independent Living (IL) knitting club. Please contact Heather Smith x2313 ([hsmith@bayviewseattle.org](mailto:hsmith@bayviewseattle.org) or 206-281-5759).
- A vaccinated AL or HC Resident would like to visit an IL Resident's apartment. This type of "visit" is treated as such and the AL or HC Resident must coordinate with the IL Resident to ensure daily visitation limits are not exceeded.
- An IL Resident may visit with AL or HC Residents through the scheduled visitation process. Please contact the appropriate care level manager to schedule Inter-facility visitation on AL, MC, or HC.
  - AL/MC - Pamela Yeo x2127 ([pyeo@bayviewseattle.org](mailto:pyeo@bayviewseattle.org) or 206-281-5755)
  - HC- Janice Pate x3354 ([jpate@bayviewseattle.org](mailto:jpate@bayviewseattle.org) or 206-281-5778)
- An IL Resident may meet an AL or HC resident outside on the outdoor Terrace Level during walking times (before noon, and between 2PM-4PM). These are not scheduled visits.

Examples of what is NOT allowed:

- An IL resident may not pick up an AL resident in Assisted Living to assist or escort outside of the Assisted Living Unit.
- AL or HC Residents are not allowed to dine in the main dining room related to current "Safe Start for Long-Term Care Recommendations and Requirements" guidance.

### **DINING ROOM:**

- Visitors will not currently be allowed to eat with Residents in the Dining room or any other location within Bayview.
- Again, Independent Living visitors are only allowed in the specific Resident apartment, and not in public locations yet. Other care area visitors are allowed ONLY in designated areas within Bayview.
- This may change in the near future dependent upon State and Federal guidance, and the decline of King County rates of infection.
- Dan Galvin, Director of Culinary Services, will have additional information regarding dining questions and concerns in addition to this memo.

### **ELEVATOR CAPACITY:**

Elevators pose a large threat of exposure related to:

- The inability to properly social distance,
- The enclosed, small space,
- The limitation or lack of air flow.

For this reason, elevator capacity has not changed.

- North Elevator: NO MORE THAN FOUR (4) people at 1 time. Each person should stand in one of the corners, as far away from others within the elevator car.
- Tower Elevator: NO MORE THAN TWO (2) people at 1 time. Each person should stand on either side of the elevator car.
- Bayview employees have been educated to utilize the stairs whenever possible. However, there are some tasks and medical circumstances that requires or allows some staff to utilize the elevators.
- Elevator capacity limitations includes ALL EMPLOYEES at Bayview. If you witness more than the recommended capacity of employees within an elevator car, please contact any supervisor, an Executive Team member, Dawn Gramstad, Director of Human Resources at [dgramstad@bayviewseattle.org](mailto:dgramstad@bayviewseattle.org) or x3114, or me at [jsmith@bayviewseattle.org](mailto:jsmith@bayviewseattle.org) or x3357.

### **FUTURE VACCINATIONS:**

- Residents and employees who are new to Bayview and / or did not receive or have not received the COVID-19 vaccination may now request to get vaccinated.
- Mercury Pharmacy has developed plans for on-going vaccination clinics with Bayview.

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- In order for a clinic to occur, there must be a minimum of 20 people ready for vaccination. Please contact Janice Pate x3354 ([jpate@bayviewseattle.org](mailto:jpate@bayviewseattle.org) or 206-281-5778) at your earliest convenience to be placed on our vaccination waiting list.

There is a lot of information to absorb and there will be an array of many “What-if” scenarios. If you have any questions, please contact me at your earliest convenience. Again, thank you for your continued vigilance and support through this process.

Sincerely,

A handwritten signature in black ink, appearing to read "Joel Smith" with a stylized flourish at the end.

Joel Smith, Health Services Administrator  
206.281.5747 | [jsmith@bayviewseattle.org](mailto:jsmith@bayviewseattle.org)

