



BAYVIEW

A POINT OF VIEW

07/29/21

MEMO

COVID-19 Update: Reimposition of Restrictions

We are reporting on the return of some restrictions for Independent Living, Assisted Living, Memory Care, Health Center and staff. These differences are subtle so please refer to the section that is appropriate for you.

With the continued rise in the King County Rates of Infection (93.2 per 100,000 people as of 7/29/21), the Executive team has determined it necessary to implement the following changes to our current COVID-19 policy.

Effective immediately:

INDEPENDENT LIVING RESIDENTS:

1. The Centers for Disease Control (CDC) updated their masking guidance on Tuesday, July 27th, 2021. All residents, regardless of vaccination status, are again required to wear facemasks when outside of their apartment.
2. Visitors are restricted from public areas. Visitors may visit inside resident apartments only and must transit directly to the resident apartment. Upon leaving, visitors should exit through the nearest exit from the visiting apartment.
 - a. Visitors must continue to attest to the current Governor's "Washington Ready" proclamation and to the facility's core principles of infection control. This includes truthful and honest screening at reception.
 - b. Visitors are required to wear facemasks while transiting to, or from the visiting apartment.
 - c. The number of visitors has decreased to two (2) visitors at a time at a recommended duration of two (2) hours per visit. One (1) visit per day is still recommended.
 - d. Visitors should only use the north elevator when transiting to, or from the visiting apartment.
 - e. Outdoor visitation is still the safest place to visit. If at all possible, visit with loved ones outside of Bayview (ie; red bench, or off facility property).
 - f. While visitor facemask use inside of the visiting apartment is required, if both resident AND visitor is vaccinated, facemask use may be relaxed and close contact may occur as allowed by the resident.
 - g. If either resident or visitor is unvaccinated, close contact may occur while both people continue to wear well-fitting source control and as allowed by the resident.
 - h. As a reminder, unvaccinated visitors may not visit unvaccinated residents inside of Bayview. Un-vax-to-unvax visitation may only occur outdoors.
 - i. Visitors are reminded if any visitor is not feeling well to stay home.
3. Dining room table capacity is reduced to no more than four (4) residents per table.
4. **Group Activities:** Independent Living resident group sizes will remain the same with no more than 20 people indoors, and no more than 50 people outdoors.
 - a) Exceptions to this policy may be made at the discretion of the Chief Executive Officer.
 - b) Groups should continue to include separate sections for unvaccinated participants, that are socially distanced, but still remain part of the activity.
 - c) Facemask use is required for all residents, and staff in public spaces including attending group activities.

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CO-MINGLING: INDEPENDENT LIVING, ASSISTED LIVING and MEMORY CARE:

1. Co-mingling is temporarily restricted. When the King County rates of infection decline, the Executive team will consider reinstating co-mingling again.
 - a. The outdoor terrace will reinstitute Assisted Living and Skilled Nursing designated walking times as before.
 - b. Assisted Living residents may leave the assisted living area independently but are strongly encouraged to do so only for essential business.

ASSISTED LIVING RESIDENTS:

1. The Centers for Disease Control (CDC) updated their masking guidance on Tuesday, July 27th, 2021. All residents, regardless of vaccination status, are again required to wear facemasks when outside of their apartment.
2. Visitation protocols have changed to the following:
 - a. **Scheduled visitation has temporarily returned.** When the King County rates of infection decline, the Executive team will consider reinstating unscheduled visitation again. To schedule visitation please contact Pamela Yeo (206-281-5755, pyeo@bayviewseattle.org; ext. 2127).
 - b. **Visitors will be escorted to and from the Assisted Living designated areas.**
 - c. The number of visitors has decreased to two (2) visitors at a time at a recommended duration of two (2) hours per visit. One (1) visit per day is still recommended.
 - d. Visitors are required to wear facemasks when visiting Assisted Living.
 - e. While visitor facemask use inside of Bayview is required, if both resident AND visitor is vaccinated, facemask use may be temporarily relaxed, and close contact may occur as allowed by the resident.
 - f. If either resident or visitor is unvaccinated, temporary close contact may occur while both people continue to wear well-fitting source control and as allowed by the resident.
 - g. Although scheduled, indoor visitation is allowed, outdoor visitation is still the safest place to visit. If at all possible, visit with loved ones outside of Bayview (ie; red bench, or off facility property).
 - h. Indoor visitation will occur in designated areas including the TV lounge and / or the Assisted Living dining room.
 - i. Visitors must continue to attest to the current Governor's "Washington Ready" proclamation and to the facility's core principles of infection control. This includes truthful and honest screening at reception.
 - j. As a reminder, unvaccinated visitors may not visit unvaccinated residents inside of Bayview. Un-vax-to-unvax visitation may only occur outdoors.
 - k. Visitors are reminded if any visitor is not feeling well to stay home.
3. Assisted Living group activities should be limited to 10 or less residents.
4. Live music entertainment is temporarily suspended until the King County rates of infection decrease.
5. Volunteer use may continue on a limited basis.
6. Assisted Living residents may not eat in the Terrace dining room, 10th floor, Bistro area or Terrace patio due to regulatory requirements and space restrictions.

MEMORY CARE:

1. Residents will be encouraged to utilize a facemask when in public spaces. However, residents may choose to not wear facemasks related to diagnosed conditions.
2. Visitation protocols have changed to the following:
 - a. **Scheduled visitation has temporarily returned.** When the King County rates of infection decline, the Executive team will consider reinstating unscheduled visitation again. To schedule visitation please contact Pamela Yeo (206-281-5755, pyeo@bayviewseattle.org; ext. 2127).
 - b. **Visitors will be escorted to and from the designated Memory Care visitation area.**
 - c. Visitors are required to wear facemasks when visiting Memory Care.
 - d. While visitor facemask use inside of Bayview is required, if both resident AND visitor is vaccinated, facemask use may be temporarily relaxed, and close contact may occur as allowed by the resident.

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- e. If either resident or visitor is unvaccinated, temporary close contact may occur while both people continue to wear well-fitting source control and as allowed by the resident.
 - f. The number of visitors per resident will remain at no more than two (2) visitors at a time with a decrease in duration to two (2) hours per visit, and one (1) visit each day.
 - g. Indoor visitation will occur in designated areas including the Memory Care Living Room, or outdoors in the Memory Care courtyard.
 - h. Visitors must continue to attest to the current Governor's "Washington Ready" proclamation and to the facility's core principles of infection control. This includes truthful and honest screening at reception.
 - i. If a visitor intends to take their loved one off of Memory Care, please inform the nurse or Pamela Yeo (listed above) prior to the visit.
3. Live music entertainment is temporarily suspended until the King County rates of infection decrease.
 4. Volunteer use may continue on a limited basis.

HEALTH CENTER: SKILLED NURSING

1. In accordance with the King County Department of Health, the Skilled Nursing Unit is still clearing an "outbreak" status through August 2nd, 2021.
 - a. Visitation remains on a scheduled basis only. To schedule a visitation, please contact Janice Pate, (jpate@bayviewseattle.org; ext. 3354).
 - b. Visitors will be escorted to and from the Health Center designated visitation area.
 - c. Visitation is limited to two (2) visitors at a time, for a duration of one (1) hour or less, and one (1) visit per day.
 - d. Group dining restrictions remain in effect with allowance for "at-risk" residents for weight loss.
 - e. Activity groups are limited to four (4) or less.
 - f. Volunteer use may continue on a limited basis.
 - g. Skilled Nursing Residents may leave the area for essential business.
 - h. Skilled Nursing Residents should refrain from leaving the area while in an outbreak status.

ELEVATOR USE:

Elevator capacity should be limited to four (4) people in the large and north elevator, and two (2) people for all other elevators. Facemask use is required for all residents, staff and visitors in public spaces including riding inside the elevator.

FITNESS CENTER AND POOL:

The Fitness Center capacity should remain low at a maximum of five (5) residents to avoid overcrowding. If you see that there are more than 5 residents working out in the gym, please come back at another time.

1. Maintain social distance from others while utilizing gym equipment or attending exercise classes.
2. Continue to sanitize equipment before and after each use.
3. Residents are strongly encouraged to wear facemasks when working out in the fitness center.
4. Pool occupancy – sign-ups continue.
5. Assisted Living residents may only use the pool with proper supervision. Please speak with Pamela Yeo (listed above) for further details and information.

ALL THE BUZZ SALON:

The salon will maintain its regular operation hours Tuesday through Friday.

1. Facemask use is required for all residents, and staff in public spaces including attending a hair appointment.
2. Occupancy is limited to one (1) resident at a time.

EMPLOYEES OF BAYVIEW:

1. Employees of Bayview are considered Health Care Workers (HCWs). HCWs are not included in the Governor's "Washington Ready" program for the relaxation of exposure guidance.
 - a. HCWs must continue to follow the core principles of infection control.

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- b. Employees of Bayview are still required to wear a facemask while on Bayview property.
- c. Employees must continue to screen in prior to entry using the kiosk at either the main entrance on Aloha Street, or on the A-level.
- d. Employees that do not work on the A-level, or in the Health Center should screen at the main entrance through August 2nd, 2021.
- e. Employees who are not feeling well are encouraged to notify their supervisor and stay home.
- f. HCW's that enter regulated spaces including the Health Center, Assisted Living and Memory Care must continue to wear approved personal protective equipment (PPE) including eye protection.

The imposition of restrictions is a setback to our way of life at Bayview. However, Bayview has been recognized by state agencies as leaders in the fight to mitigate the spread of COVID-19. The Executive team will continue to review County Rates of Infection in our area with efforts to keep restrictions as low as possible while maintaining a safe environment.

We have come too far in our journey to abandon our efforts now. Continue to practice the core principles of infection control. Mainly:

- Utilize good sanitation practices.
- Use Alcohol Based Hand Rubs (ABHR's) frequently on your hands.
- Use source control (facemasks) when in public and,
- Social distance (at least six (6) feet) from others.

Together we will continue to remain safe and healthy.

Sincerely,



Joel G. Smith, Health Services Administrator
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