



BAYVIEW

A POINT OF VIEW

08/23/21

MEMO

COVID-19 UPDATES

This memo is lengthy. We are reporting on further guidance of restrictions for Independent Living, Assisted Living, Memory Care and Skilled Nursing for residents, family, and staff. Some of the differences are subtle, so please refer to the section that is most appropriate for you.

Unfortunately, the King County Rates of Infection have continued to dramatically increase (King County rate of infection - 348.3 - 08/23/21). The King County rates of infection have now reached the highest levels since the inception of the pandemic. As a proactive measure, we are rolling out the below restrictions in anticipation of hitting 350 within the next day. Please note should infection rates decline and the 350 threshold is not met, we will send another communication piece out and ease restrictions back.

Within the past week, Governor Inslee has decisively acted to mandate vaccinations for all healthcare workers and reimpose mask mandates for all people when in public. The Center's for Medicare and Medicaid Services (CMS) has followed suit by mandating vaccinations for all healthcare workers throughout the nation as a requirement of participation for healthcare services and funding. The Executive team has reviewed our policies and decided further actions are necessary to keep our Bayview population safe and healthy.

After reading this letter, if you have questions or need clarifications, please contact one of the following team members for further details or information:

Independent Living:	Heather Smith	x2313	206.281.5759	hsmith@bayviewseattle.org
Assisted Living:	Pamela Yeo	x2107	206-281-5755	pyeo@bayviewseattle.org
Skilled Nursing:	Janice Pate – RN	x3354	206-281-5778	jpate@bayviewseattle.org
All care levels:	Joel Smith – NHA	x3357	206-281-5747	jsmith@bayviewseattle.org

EFFECTIVE IMMEDIATELY:

GENERAL:

Regardless of your vaccination status, your vigilance in following the core principles of infection control are more important now than ever. This includes:

1. Proper use of source control (facemask use) whenever you leave your apartment or room.
2. Proper social distancing of six (6) feet or more whenever feasible when in public.
3. Consistent proper hand hygiene and the use of Alcohol Based Hand Rubs (ABHRs).

Regardless of your vaccination status, all personnel inside and outside of Bayview (Residents, Staff, Essential Contractors, Providers, and Essential Support Personnel) **MUST** properly wear a facemask while transiting in public or common areas.

- Public areas may include (but are not limited to):
 - Dining areas
 - Common spaces on each floor
 - Hallways throughout the facility
 - Elevators
 - The 10th floor.
 - The outdoor Terrace.
 - The “Red Bench” area.
 - Laundry rooms
 - The library.

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- Staff and Essential Support Personnel (ESP) must wear proper personal protective equipment including, but not limited to, continuous facemask use while working, and eye protection while on regulated areas such as Assisted Living, Memory Care, and Skilled Nursing.
- With the Governor's amended proclamation, Bayview requires the use of facemasks while indoors AND outdoors on facility property.
- Facemasks with respirator valves are not authorized for use at Bayview. Any person wearing this type of mask will be denied entry into Bayview.
- At one time, early in the pandemic, Bayview offered facemasks with respirator valves for residents and staff. These masks must be discarded. A new mask can be obtained by contacting Heather Smith, Pamela Yeo, Janice Pate, or Joel Smith as listed above.
- Bayview supplied facemasks are the recommended style of mask to use and should always be worn with the filter placed inside of the mask. If you are out of filters or need a refresher of how to use the filter, please contact any of the above-mentioned team members.
- In accordance with the Centers for Disease Control (CDC) guidance, gaiters are permitted when properly worn, on a case-by-case basis, as recommended by a physician for medical purposes.

ESSENTIAL SUPPORT PERSONNEL VISITATION:

1. The legal requirements for an Essential Support person (ESP) are:
 - At least 18 years of age.
 - Designated by the resident or the resident's representative if the resident is legally incapacitated (regardless of vaccination status), AND
 - Necessary for the resident's emotional, mental, or physical well-being during situations that include, but are not limited to the following circumstances:
 - Compassionate care
 - End-of-Life care
 - Visitation to assist with important continuity of care
 - Visitation to assist with the reduction of confusion and anxiety for resident with cognitive impairments, or
 - Visitation to prevent or reduce significant emotional distress to the resident.
2. ESP visitation applies when limitations to visitation occurs due to a public health emergency or other threat to the health and safety of the residents and staff.
3. Please contact one of the above listed team members to inquire about designating a qualified ESP visitor.

FOOD SERVICES

- The main dining room and all public eating spaces are closed. Free room delivery of three meals a day will once again resume.
- You will receive menus a day prior on your door that should be filled out by 2pm that day. Our Culinary Services team is fully dedicated and prepared to make this transition to room service as smooth and enticing as possible.

INDEPENDENT LIVING RESIDENTS:

- Bayview strongly encourages residents to remain in their apartments unless essential business is necessary or required. Essential business includes, but is not limited to:
 - Trips to a medical appointment.
 - Emergency treatment.
 - Trips to the grocery store.
 - Fitness or exercise.
- The safest form of visitation is OUTDOOR visitation. This includes the "Red Bench" or other means of outdoor visitation as residents are able. Please be respectful of other people's use of the Red Bench area and maintain social distancing at all times.
- Regardless of vaccination status, outdoor visitation may include up to five (5) people (including the resident) on facility property as long as social distancing can be maintained.

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- Outdoor visitors and residents must wear facemasks at all times.
- Bayview STRONGLY discourages ALL indoor visitation until the county rates of infection decline.
- If an Independent Resident insists upon an indoor visitation:
 - The visitor must continue to attest to the Governor’s “Washington Ready” proclamation and Bayview’s infection control policies. This includes the truthful and honest screening process at reception. Failure to comply with the Governor’s proclamation or Bayview’s infection control policies will jeopardize the already limited visitation privileges.
 - The visitor must move directly from the screening area to the resident’s apartment.
 - The visitor is NOT allowed in public areas.
 - Limit visitation to one (1) person only.
 - Limit visitation to one (1) visit a week to control Bayview’s viral exposure load.
 - Limit visitation to no more than two (2) hours a visit to control Bayview’s viral exposure load.
 - Residents and visitors must wear facemasks during visitation.
- Bayview STRONGLY discourages “close contact” during outdoor or indoor visitation with visitors.
- Group activities will continue as scheduled, with proper infection control protocols in place including the core principles of infection control listed above.
- Group activity capacity is reduced to:
 - Indoor group activity size: No more than five (5) people with social distancing and source control use at all times.
 - Outdoor group activity size: No more than ten (10) people with social distancing and source control use at all times.
 - Activities involving vaccinated volunteers should not involve singing or percussion instruments as expelled droplets atomize and travel farther, posing a larger risk of infection.
- Comingling of residents within different levels of care is limited to Essential Support (ESP) visitation only.

ASSISTED LIVING RESIDENTS:

- Bayview strongly encourages residents to remain in their apartments unless essential business is necessary or required. Essential business includes, but is not limited to:
 - Trips to a medical appointment.
 - Emergency treatment.
 - Trips to the grocery store.
 - Limited fitness or exercise.
- The safest form of visitation is OUTDOOR visitation. This includes the “Red Bench” or other means of outdoor visitation as residents are able. Please be respectful of other people’s use of the Red Bench area and maintain social distancing at all times.
- Regardless of vaccination status, outdoor visitation may include up to five (5) people (including the resident) as long as social distancing can be maintained.
- Outdoor visitors and residents must wear facemasks at all times.
- Indoor visitation is now limited to scheduled Essential Support Personnel (ESP) visitation only.
- ESP visitors are not allowed in public areas.
- ESP visitors must continue to attest to the Governor’s “Washington Ready” proclamation and Bayview’s infection control policies. This includes the truthful and honest screening process at reception. Failure to comply with the Governor’s proclamation or Bayview’s infection control policies will jeopardize visitation privileges.
- ESP visitors must be escorted onto the Assisted Living Unit and move directly from the screening area to the resident’s apartment.
- ESP visitors and residents must wear source control while visiting the resident inside the resident’s apartment.
- Only one (1) ESP visitor may be designated by each resident. The resident or resident’s responsible party may change the designated ESP visitor once every 30-days. Exceptions to this policy are made on a case-by-case basis.

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- The ESP visitation schedule, times, frequency, and duration, including after-hours ESP visitation will be individually set in accordance with the resident's specific need for visitation. Please contact Pamela Yeo as listed above for assessment and further details.
- Bayview STONGLY discourages "close contact" during outdoor or indoor visitation with visitors or ESPs.
- The Assisted Living Dining room is closed. The dining room will only be used for residents assessed as at risk for weight loss or needing physical assistance or cueing with dining.
- Group activities will continue as scheduled, with proper infection control protocols in place including the core principles of infection control listed above.
- Group activity capacity is reduced to:
 - Indoor group activity size: No more than five (5) people with social distancing and source control use at all times.
 - Outdoor group activity size: No more than ten (10) people with social distancing and source control use at all times.
 - Activities involving vaccinated volunteers should not involve singing or percussion instruments as expelled droplets atomize and travel farther, posing a larger risk of infection.
- Comingling of residents within different levels of care is limited to ESP visitation only.

SKILLED NURSING UNIT:

- Bayview strongly encourages residents to remain in their room unless essential business is necessary or required. Essential business includes, but is not limited to:
 - Trips to a medical appointment.
 - Emergency treatment.
 - Trips to the grocery store.
 - Limited fitness or exercise.
- The safest form of visitation is OUTDOOR visitation. This includes the "Red Bench" or other means of outdoor visitation as residents are able. Please be respectful of other people's use of the Red Bench area and maintain social distancing at all times. To schedule an outdoor visitation, please contact Janice Pate listed above.
- Regardless of vaccination status, outdoor visitation may include up to five (5) people (including the resident) as long as social distancing can be maintained.
- Outdoor visitors and residents must wear facemasks at all times.
- Indoor visitation is now limited to scheduled Essential Support Personnel (ESP) visitation only.
- ESP visitors are allowed in designated areas on the Health Center only to include:
 - The "Fish Tank" area.
 - The Dining room.
 - The outdoor courtyard (weather dependent).
- ESP visitors must continue to attest to the Governor's "Washington Ready" proclamation and Bayview's infection control policies. This includes the truthful and honest screening process at reception. Failure to comply with the Governor's proclamation or Bayview's infection control policies will jeopardize visitation privileges.
- ESP visitors must be escorted onto the Skilled Nursing Unit and move directly from the screening area to the resident's designated visitation area.
- ESP visitors and residents must wear source control while visiting.
- Only one (1) ESP visitor may be designated by each resident or resident representative. The resident or resident's responsible party may change the designated ESP once every 30-days. Exceptions to this policy are made on a case-by-case basis.
- The ESP visitation schedule, times, frequency, and duration, including after-hours ESP visitation will be individually set in accordance with the resident's specific need for visitation. Please contact Janice Pate as listed above for assessment and further details.
- Bayview STONGLY discourages "close contact" during outdoor or indoor visitation with ESPs.



- The Skilled Nursing dining room is closed. The dining room will only be used for residents assessed as at risk for weight loss or needing physical assistance or cueing with dining.
- Group activities will continue as scheduled, with proper infection control protocols in place including the core principles of infection control listed above.
- Group activity capacity is reduced to:
 - Indoor group activity size: No more than five (5) people with social distancing and source control use at all times.
 - Outdoor group activity size: No more than ten (10) people with social distancing and source control use at all times.
 - Activities involving vaccinated volunteers should not involve singing or percussion instruments as expelled droplets atomize and travel farther, posing a larger risk of infection.
- Comingling of residents within different levels of care is limited to ESP visitation only.

DOROTHY'S PLACE MEMORY CARE RESIDENTS:

- Residents are strongly encouraged to wear source control but may choose to not wear facemasks related to their diagnosed condition.
- Visitation is now limited to scheduled Essential Support Personnel (ESP) visitation only.
- ESP visitors are allowed in designated areas only to include:
 - The living room.
 - The Resident's apartment.
 - The outdoor courtyard (weather permitting).
- ESP visitors must continue to attest to the Governor's "Washington Ready" proclamation and Bayview's infection control policies. This includes the truthful and honest screening process at reception. Failure to comply with the Governor's proclamation or Bayview's infection control policies will jeopardize visitation privileges.
- ESP visitors must be escorted onto the Memory Care Unit and move directly from the screening area to the resident's designated visitation area.
- ESP visitors and residents must wear source control while visiting the resident.
- Only one (1) ESP visitor may be designated by each resident or resident representative. The resident or resident's responsible party may change the designated ESP once every 30-days. Exceptions to this policy are made on a case-by-case basis.
- The ESP visitation schedule, times, frequency, and duration, including after-hours ESP visitation will be individually set in accordance with the resident's specific need for visitation. Please contact Pamela Yeo as listed above for further details.
- Bayview STRONGLY discourages "close contact" during outdoor or indoor visitation with ESPs.
- If an ESP intends to take their loved one off of the Memory Care unit, please inform the Assisted Living nurse or Pamela Yeo as listed above PRIOR to leaving the unit for assistance in escorting the resident off of Memory Care.
- Comingling of residents within different levels of care is limited to ESP visitation only.

TERRACE AND 10TH FLOOR HOURS:

Exercise is an essential activity, and all residents should have the ability to utilize the Terrace outdoor park.

- Terrace designated hours:
 - Independent Living Residents: Before 2:00pm and after 4:00pm
 - Assisted Living and Skilled Nursing Residents: Between 2:00pm – 4:00pm
- 10th floor designated hours:
 - Bayview strongly suggests limiting the use of the 10th floor.
 - Please exercise your judgement when accessing the 10th floor.
 - The space should not be used for social gatherings until further notice.
 - Independent Living Residents: Before 9:00am and after 11:00am
 - Assisted Living and Skilled Nursing Residents: Between 9:00am – 11:00am

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SPECIAL EVENTS:

Until the King County Rate of Infection decreases, special events will no longer be supported by Bayview. Special events include, but are not limited to:

- Family gatherings / reunions
- Birthday parties.
- Anniversary parties.

Families are encouraged to hold special events at a safe location, off-site, while observing the core principles of infection control.

CHILDREN:

- Children under the age of 18 do not qualify for Essential Support Personnel (ESP) visitation and will not be allowed inside of Bayview unless the child is part of the Child Development Center (ICC).
- Visitation with children under the age of 18 is restricted to outdoor visitation only.
- Children under the age of twelve (12) and children in the ICC are unvaccinated and pose the highest risk to spread or become infected with COVID-19.
- Children under the age of twelve (12) and ICC children are restricted to designated areas only. These designated areas include:
 - Outdoor visitation areas such as the “Red Bench”.
 - Children’s playground.
 - ICC center.

FITNESS CENTER:

- The fitness center, including the pool, will continue with scheduled fitness activities only. Please sign up for your opportunity to continue fitness and exercise from the sign-up sheets located outside of the fitness center.
- Facemask use is required for residents in the fitness center.
- Sanitize the equipment before and after EACH use.
- Sanitize your hands before and after EACH equipment use.

ELEVATOR CAPACITY:

Elevators continue to pose a large threat of exposure related to:

- The inability to properly social distance,
- The enclosed, small space,
- The limitation or lack of air flow.

Bayview recommends when riding the elevator to face away from other passengers and to limit conversation inside the elevator car as possible.

Elevator capacity is as follows:

- North Elevator: NO MORE THAN THREE (3) people at one (1) time.
- Large Tower Elevator: NO MORE THAN THREE (3) people at one (1) time.
- Small Tower Elevator: NO MORE THAN TWO (2) people at one (1) time.
- Small Central Elevator to A level: NO MORE THAN TWO (2) people at one (1) time.
- A-Level to Parking and Health Center: NO MORE THAN TWO (2) people at one (1) time.
- There will be helpful elevator signage to reiterate maximum capacities.
- Staff are required to use the stairs as much as possible to free up elevator use for Residents.
- Elevator capacity limitations include ALL EMPLOYEES at Bayview.

VACCINATIONS:

- In alignment with the Governor’s and the Centers for Medicare and Medicaid Services (CMS) mandates, Bayview has now mandated proof of vaccination for all employees, essential providers and volunteers beginning October 18th, 2021.
- Essential Providers include, but are not limited to:
 - Private caregivers.
 - Home Health providers. [\(206\) 284-7330](tel:(206)284-7330) [f \(206\) 284-9640](tel:(206)284-9640)



- Private therapy providers.
- Volunteers for any activity.
- Ancillary services such as:
 - Beauticians.
 - Onsite dental hygienists
 - Onsite podiatrists
- Any other vendor or provider that conducts business within Bayview such as:
 - Vending machine operators.
 - Movers.
 - Outside Maintenance / Repair personnel.
- Please notify any private services you may be receiving now of Bayview's vaccination policy to avoid any interruption of services.
- There are specific dates that must be met in order to continue employment or for internal access to Bayview:
 - Employees, essential providers, and volunteers must have received their first dose of a "two shot" vaccine by September 13th, 2021.
 - Employees, essential providers, and volunteers must have received their dose of Johnson and Johnson vaccine or the second dose of a "two shot" vaccine by October 4th, 2021, in order to be fully vaccinated by the deadline of October 18th, 2021.
- There are only two (2) exceptions to this policy:
 - Religious exemption
 - Medical exemption
 - Attestation of vaccination is no longer an acceptable form of proof of vaccination. Documented proof of vaccination or exemption will be required and kept on file.
 - Personnel not able to provide document proof vaccination or exemption will not be allowed in the facility.
 - Attestation of vaccination for Essential Support Personnel and visitors (when allowed) is currently an acceptable form of vaccination are NOT required to show proof of vaccination yet. This may change in the near future.

TESTING LOCATIONS:

- There have been several requests for information about how to locate current COVID-19 testing locations.
- The Heath Center is not capable of testing residents outside of regulated areas without a physician's order.
- Please call 206-477-3977 or call one of the locations listed to schedule a COVID test..

SEATTLE CENTER - 888-702-9042
 201 Mercer St.
 Walk-up kiosk, appointment required
 You may also book online for this location: <https://curative.com/sites/17571>

HARBORVIEW MEDICAL CENTER, ALLEY - 206-520-8700
 319 Terry Ave.
 Appointment required
 Drive-through test
 Complete the virtual questionnaire to schedule:
<https://www.uwmedicine.org/locations/covid-19-testing-harborview>

CARBON HEALTH - 206-350-7345
 220 6th Ave. N
 Appointment required



ONE MEDICAL - 888-663-6331
970 Denny Way
Appointment required
Drive-through test

These are difficult times. We have learned much during the past year and eight (8) months. Through this collective insight, we are capable of limiting the number of restrictions imposed as we regress backwards. Similar high community rates of infection of the past warranted a full closure of visitation and socialization. Let's not abuse the above guidance. One (1) exception allowed by each resident each day equates to over 200 exceptions a day. Our risk of exposure exponentially increases if we allow this to happen. It has been said we have come too far to give up our efforts and hope now.

Together, we will beat this vicious virus.
Together, we will prevail!

Sincerely,



Joel G. Smith, Health Services Administrator
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