



BAYVIEW

A POINT OF VIEW

8/9/2021

COVID-19 Updates

This memo is lengthy. We are reporting on the further reimposition of restrictions for Independent Living, Assisted Living, Memory Care and Health Center for residents, family, and staff. Some of the differences are subtle, so please refer to the section that is appropriate for you. The following information consists of restrictions Bayview has experienced in the recent past that are being reimplemented. For the safety of our community, please continue to honor the core principles of infection control – Universal Source Control (facemask use), Hand Hygiene, and Social Distancing.

With the continual rising of the King County Infection Rates (08/09/21 – 158.8 per 100,000 people) we have now crossed another restrictive threshold. As noted in early memos, thresholds are listed as:

- | | | |
|--------------------------------------|------------------|------------------------|
| a. Rates of infection above | 350 | per 100K people |
| b. Rates of infection between | 150 – 349 | per 100K people |
| c. Rates of infection between | 75 – 149 | per 100k people |
| d. Rates of infection between | 25 – 74 | per 100K people |
| e. Rates of infection below | 25 | per 100k people |

We have moved to a higher level of potential exposure, and therefore are moving to a tightening of restrictions. **Effective immediately:**

GENERAL:

Please be vigilant in following the core principles of infection control which include, but are not limited to:

1. Proper use of source control (facemask use).
2. Proper (reinstitution of) social distancing.
3. Proper hand hygiene and the use of Alcohol Based Hand Rubs (ABHRs).

Regardless of vaccination status, all personnel inside of Bayview (Residents, Staff, Essential Contractors / Providers, and Visitors) **MUST** properly wear a facemask while in public or common areas.

- Public areas may include:
 - The dining room.
 - The common space on each floor.
 - Hallways throughout the facility.
 - The elevators.
 - The 10th floor.
 - The laundry rooms.
 - The library.
- Staff must wear proper personal protective equipment (PPE) including, but not limited to, continuous facemasks use while at work, unless eating while on a break in authorized spaces.
- Bayview strongly encourages the continued use of facemasks while outdoors. Outdoor facemask removal should be the exception and not common practice.
- Facemasks with respirator valves are not authorized for use at Bayview.
- At one time, early in the pandemic, Bayview offered facemasks with respirator valves for residents and staff. These masks should be discarded. A new mask can be obtained by contacting Heather Smith (x2313) Pamela Yeo (x2127) Janice Pate (x3354) or Joel Smith (x3357).
- Bayview supplied facemasks should always be worn with the filter placed inside of the mask. If you are out of filters or need a refresher of how to use the filter, please contact any of the above-mentioned team members.
- In accordance with the Centers for Disease Control (CDC) guidance, gaiters are permitted when properly worn, on a case-by-case basis, as recommended by a physician for medical purposes.

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INDEPENDENT LIVING RESIDENTS:

- In-apartment visitation is allowed; however, Bayview strongly encourages outdoor visitation as possible.
- Visitation in common or public areas inside of Bayview, including dining, is **NOT** allowed.
- Visitors must continue to attest to the current Governor's "Washington Ready" proclamation and Bayview's infection control policies. This includes truthful and honest screening at reception. Failure to comply with infection control policies may jeopardize your visitation privileges.
- Visitors must move directly from the screening area to the resident's apartment.
- Limit in-apartment visitation to no more than two (2) visitors at a time per apartment for proper social distancing.
- Limit in-apartment visitation to one (1) visit a day to control Bayview's viral exposure load.
- Limit the in-apartment visitation to one (1) hour to control Bayview's viral exposure load.
- Although it is not encouraged or recommended, fully vaccinated Residents AND fully vaccinated visitors *may* relax or loosen facemask use while inside the Resident's apartment. However, facemask use is required at all times when outside of the Resident's apartment.
- Although it is not encouraged, the Resident may choose to have close contact. If chosen, the Resident and visitor should:
 - Wear well-fitting facemasks,
 - Should limit the duration of close contact as possible, and
 - Should sanitize hands before and after the close contact.
- Visits should occur between the resident and the resident's family / visitor and should not include other Bayview residents at the same time due to the continued increase in County positivity rate.
- Visitors should utilize the nearest exit to leave the property after visitation.
- As a reminder, unvaccinated visitors may not visit with unvaccinated residents. Un-vax-to-un-vax visitation is only allowed outdoors or off Bayview property.
- Dining services will continue as currently scheduled:
 - Residents are strongly encouraged to eat in their apartments.
 - If Residents choose to eat at an open table, table occupancy should not exceed four (4) people.
 - Each Resident within a common household count as one (1) person. For example, two (2) people that live together counts as two (2) people at the table of a maximum of four (4).
 - The dining rooms and public spaces are **NOT** open for visitors.
- Group activities will continue as scheduled, with proper infection control protocols in place including the core principles of infection control listed above.
- Group activity capacity is reduced to:
 - Indoor group activity capacity: No more than 10 people with social distancing.
 - Outdoor group activity capacity: No more than 20 people with social distancing.
 - Designated Unvaccinated Resident sections apply, socially distanced from vaccinated participants yet close enough to participate in the activity.
 - Activities involving vaccinated volunteers should not involve singing or percussion instruments as expelled droplets atomize and travel farther posing a larger risk of exposure.
 - Comingling of resident care levels may occur on an assessed, individualized, and authorized basis. Review the "Co-Mingling" section below for more details.

ASSISTED LIVING:

- Outside visitation is still considered "Best Practice". Outdoor visitation is classified as Red Bench or off Bayview property visitation.
- In-door visitation is allowed on a scheduled basis. Please contact Pamela Yeo (x2127, pyeo@bayviewseattle.org, or 206-281-5755) to schedule visitation.
- Visitors must continue to attest to the current Governor's "Washington Ready" proclamation and Bayview's infection control policies. This includes truthful and honest screening at reception. Failure to comply with infection control policies may jeopardize your visitation privileges.
- In-door visitation is allowed in designated areas only.

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- Designated indoor visitation areas for Assisted Living are:
 - The TV lounge.
 - The Dining room.
- In-apartment visitation will be allowed as the King County infection rate improves or in specialized, and as individualized Compassionate Care visits (CCV) allow. For more information about CCV visitation on Assisted Living please contact Pamela Yeo (x2127, pyeo@bayviewseattle.org, or 206-281-5755).
- Limit indoor visitors to two (2) people at a time.
- Visitors MUST be escorted to and from the designated visitor area.
- Indoor visits are not monitored, but visitors and / or the Resident should know how to contact staff in the event of a concern or need.
- Limit the duration of the visit to one (1) hour or less.
- Limit visits to one (1) visit a week.
- Designated visitation areas must be sanitized before and after each visit.
- Residents may choose to have close contact, including touch. If chosen, the Resident and visitor must:
 - Wear well-fitting facemasks during any touching.
 - Sanitize hands prior to and immediately after the close contact.
- Current guidance does NOT allow loosening of facemask use in Assisted Living.
- After hours visitation may be scheduled on a case-by-case, person-centered, and individualized basis. Please contact Pamela Yeo for more information regarding after-hours visitation listed above.
- As a reminder, unvaccinated visitors may not visit with unvaccinated residents. Un-vax-to-un-vax visitation is only allowed outdoors or off Bayview property.
- Group activities should be limited to no more than five (5) people at a time, including staff.
- Group activities should include a separate, socially distanced area yet close enough to include unvaccinated residents in the activity.
- Activities involving vaccinated volunteers should not involve singing or percussion instruments as expelled droplets atomize and travel farther posing a larger risk of exposure.
- Assisted Dining is open for Assisted Living residents only. Socially distanced tables should allow for unvaccinated residents.

SKILLED NURSING RESIDENTS:

- Scheduled visitation has resumed on the Skilled Nursing Unit (or Health Center Residents) as the outbreak status cleared on August 2nd, 2021.
- Outside visitation is still considered “Best Practice”. Outdoor visitation is classified as “Red Bench” or off Bayview property visitation.
- In-door visitation is allowed on a scheduled basis. Please contact Janice Pate – RN (x3354, jpate@bayviewseattle.org, or 206-281-5778) to schedule visitation.
- Visitors must continue to attest to the current Governor’s “Washington Ready” proclamation and Bayview’s infection control policies. This includes truthful and honest screening at reception. Failure to comply with infection control policies may jeopardize your visitation privileges.
- In-door visitation is allowed in designated areas only.
- Designated indoor visitation areas for Skilled Nursing are:
 - The “Fish Tank” area.
 - The Dining room.
- In-room visitation will be allowed as the King County infection rate improves or in specialized, and as individualized Compassionate Care visits (CCV) allow. For more information about CCV visitation on Skilled Nursing please contact Janice Pate – RN.
- Limit indoor visitors to two (2) people at a time.
- Visitors MUST be escorted to and from the designated visitor area.
- Indoor visits are not monitored, but visitors and / or the Resident should know how to contact staff in the event of a concern or need.
- Limit the duration of the visit to one (1) hour or less.

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- Limit visits to one (1) visit a week.
- Designated visitation areas must be sanitized before and after each visit.
- Residents may choose to have close contact, including touch. If chosen, the Resident and visitor must:
 - Wear well-fitting facemasks during any touching.
 - Sanitize hands prior to and immediately after the close contact.
- Current guidance does NOT allow loosening of facemask use in Skilled Nursing.
- After hours visitation may be scheduled on a case-by-case, person-centered, and individualized basis. Please contact Janice Pate – RN for more information regarding after-hours visitation listed above.
- As a reminder, unvaccinated visitors may not visit with unvaccinated residents. Un-vax-to-un-vax visitation is only allowed outdoors or off Bayview property.
- Group activities should be limited to no more than five (5) people at a time, including staff present.
- Group activities should include a separate, socially distanced area yet close enough to include unvaccinated residents in the activity.
- Activities involving vaccinated volunteers should not involve singing or percussion instruments as expelled droplets atomize and travel farther posing a larger risk of exposure.
- Health Center dining is open for Health Center (Skilled Nursing) residents only. Socially distanced tables should allow for unvaccinated residents.

DOROTHY'S PLACE MEMORY CARE RESIDENTS:

- Residents are encouraged to wear facemasks but may choose to not wear facemasks related to their diagnosed condition.
- Outside visitation is still considered “Best Practice”. Outdoor visitation is classified as the outdoor Memory Care courtyard and is allowed on a scheduled basis.
- Indoor visitation is allowed on a scheduled basis. Please contact Pamela Yeo (x2127, pyeo@bayviewseattle.org, or 206-281-5755) to schedule visitation.
- Visitors must continue to attest to the current Governor’s “Washington Ready” proclamation and Bayview’s infection control policies. This includes truthful and honest screening at reception. Failure to comply with infection control policies may jeopardize your visitation privileges.
- Dorothy’s Place visitation is allowed in designated areas only.
- The designated visitation areas for Dorothy’s Place are:
 - The Dorothy’s Place living room and the Outdoor Courtyard.
- In-apartment visitation will be allowed as the King County infection rate improves or in specialized, and as individualized Compassionate Care visits (CCV) allow. For more information about CCV visitation on Dorothy’s Place, please contact Pamela Yeo.
- Limit indoor visitors to one (1) person at a time.
- Visitors MUST be escorted to and from the designated visitor area.
- Indoor visits are not monitored, but visitors and / or the Resident should know how to contact staff in the event of a concern or need.
- Limit the duration of the visit to one (1) hour or less.
- Limit visits to one (1) visit a week.
- Designated visitation areas must be sanitized before and after each visit.
- Residents may choose to have close contact, including touch. If chosen, the Resident and visitor must:
 - Wear well-fitting facemasks during any touching.
 - Sanitize hands prior to and immediately after the close contact.
- Current guidance does NOT allow loosening of facemask use in Dorothy’s Place.
- After hours visitation may be scheduled on a case-by-case, person-centered, and individualized basis. Please contact Pamela Yeo for more information regarding after-hours visitation listed above.
- As a reminder, unvaccinated visitors may not visit with unvaccinated residents. Un-vax-to-un-vax visitation is only allowed outdoors or off Bayview property.
- If a visitor intends to take their loved one off of Memory Care, please inform the nurse or Pamela Yeo as listed above prior to the visit for assistance in escorting the resident off of Memory Care.

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COMINGLING OF RESIDENTS:

- Current King County rates of infection do not allow for the free comingling of residents.
- Assisted Living (AL) and Health Center (HC) residents are not allowed to dine on the first or 10th floor dining areas related to current “Safe-Start for Long-Term Care Recommendations and Requirements” guidance.
- Vaccinated AL and HC residents may attend Independent Living (IL) activities on an assessed, individualized, and limited basis only. Please contact the appropriate care level manager listed below to inquire about IL activity attendance.
- Vaccinated AL or HC Resident may visit an IL resident’s apartment. AL and HC Residents must be able to independently transit to and from the IL location and this type of “visit” is treated as if the AL or HC resident was an outside visitor. Therefore, the AL or HC Resident must coordinate with the IL Resident to ensure daily visitation limits are not exceeded.
- An IL Resident may visit with an AL or HC Resident through the scheduled visitation process. Please contact the appropriate care level manager to schedule inter-facility visitation on AL, MC, or HC.
 - AL / MC – Pamela Yeo – x2127 (pyeo@bayviewseattle.org) or 206-281-5755.
 - HC – Janice Pate – RN – x3354 (jpate@bayviewseattle.org) or 206-281-5778.
- IL residents are not allowed to pick up an AL, MC or HC resident in the respective care areas to assist or escort outside of the care area unless the proper assessments and scheduling has been completed.

TERRACE HOURS AND 10TH FLOOR HOURS:

- Terrace designated hours:
 - Independent Living residents: Before 2 pm and after 4 pm
 - Assisted Living and Skilled Nursing residents: Between 2 – 4 pm
- 10th Floor designated hours:
 - Independent Living residents before 9 am and after 11 am
 - Assisted Living and Skilled Nursing residents: Between 9 – 11 am

CHILDREN:

- Children, considered ages two (2) through twelve (12) years old are allowed to visit indoors as one (1) of the two (2) visitors as long as the Resident is fully vaccinated AND the child can follow the core principles of infection control including:
 - Proper facemask use.
 - Proper social distancing.
 - Proper hand hygiene.
 - Controlled movement and behavior.
- Infants, considered ages zero (0) to two (2) years of age, are allowed for indoor visitation and are not counted as part of the total visitation count.
- Children older than twelve (12) years of age must follow the above visitation guidance.
- Residents are strongly encouraged to follow strict adherence to the core principles of infection control if the fully vaccinated Resident chooses to hold the visiting infant.

FITNESS CENTER:

- The fitness center will return to scheduled fitness activities only. Please sign up for your opportunity to continue fitness and exercise from the sign-up sheets located outside of the fitness center.
- Facemask use is required for residents in the fitness center.
- Sanitize equipment before and after EACH use.
- Sanitize your hands before and after each equipment use.

ELEVATOR CAPACITY:

Elevators pose a large threat of exposure related to:

- The inability to properly social distance,
- The enclosed, small space,
- The limitation or lack of air flow.

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Elevator capacity is as follows:

- North Elevator: NO MORE THAN FOUR (4) people at one (1) time.
- Large Tower Elevator: NO MORE THAN FOUR (4) people at one (1) time.
- Small Tower Elevator: NO MORE THAN TWO (2) people at one (1) time.
- Small Central Elevator to A level: NO MORE THAN TWO (2) people at one (1) time.
- Small A-Level Elevator to Parking and Health Center: NO MORE THAN TWO (2) people at one (1) time.
- There will be helpful elevator signage to reiterate max capacity.
- Staff are encouraged to use the stairs as much as possible to free up elevator use for Residents.
- Elevator capacity limitations include ALL EMPLOYEES at Bayview.

VACCINATIONS:

- Bayview is in the process of mandating vaccinations for staff. Policies are currently in review for implementation in the near future. Please standby for future memos outlining our mandated vaccination process.
- There is still no information to-date regarding the need for a booster shot. The Executive team will continue to provide updates as more information is obtained.

TESTING LOCATIONS:

- There have been several requests for information about how to locate current COVID-19 testing locations.
- The Health Center is not capable of testing Independent Living Residents as doctor's orders are required for a nurse to conduct the test.
- Please call 206-477-3977 to find a current COVID-19 testing location.

With the recent exposure on Independent Living, we are once again reminded of the dangers of COVID-19. The COVID-19 delta variant continues to pose the most serious threat to all of us, vaccinated or not.

Let's remove any confusion for ourselves regarding source control and consistently wear our facemasks.
Let's remain steadfast in our resolve to mitigate the risk of exposure.
Let's celebrate the accomplishments we have made over the past year and 8 months.
Let's continue to look forward to a brighter future!

Sincerely,



Joel Smith, Health Services Administrator
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