



10/4/21

MEMO

COVID-19 UPDATES

Fall is upon us. The changing leaves, the crisp air, and the last traces of summer are quickly fading away. As we experience this change of season, I'm reminded of how strong our community spirit is. Thank you for caring for one another more than ever.

The King County Rates of Infection have slowly been on the decline over the past two (2) weeks and is currently at 315.95. As infection rates continue to drop below 350, Bayview would like to share next steps in loosening some of our current COVID-19 restrictions. The memo is a bit lengthy so we encourage you to refer to the section most appropriate for you.

After reading this letter, if you have questions or need clarifications, please feel free to connect with following staff:

Independent Living & All care levels:	Joel Smith – NHA x3357 206-281-5747	jsmith@bayviewseattle.org
Assisted Living & Memory Care	Pamela Yeo x2107 206-281-5755	pyeo@bayviewseattle.org
Skilled Nursing:	Janice Pate – RN x3354 206-281-5778	jpate@bayviewseattle.org

EFFECTIVE IMMEDIATELY:

GENERAL:

Regardless of vaccination status, your vigilance in following the core principles of infection control are still extremely important. This includes:

1. Proper use of source control (facemask use).
 - a. All personnel inside and outside of Bayview (Residents, Staff, Visitors, Essential Contractors, Providers, and Essential Support Personnel*) must properly wear a facemask while in public or common areas.
 - b. Staff and Essential Support Personnel (ESP) must wear proper personal protective equipment including, but not limited to, continuous facemask use, and eye protection while on regulated areas (Assisted Living, Memory Care, and Skilled Nursing.)
2. Proper social distancing of six (6) feet or more.
3. Consistent proper hand hygiene.

*Essential Support Personnel is a loved one, caretaker, or advocate for a resident in our regulated areas and must meet certain legal requirements to qualify as an Essential Support Person. Please continue to read below or contact one of the above listed team members for more details.

FOOD SERVICES: The main dining room and all public eating spaces are still currently closed. As rates of infection continue to decline, our Culinary Services team continues to plan reopening phases and is excited to have residents back together in the near future. Dan, Director of Culinary Services, and his crew are ready to pull the trigger when it is safe to do so.

INDEPENDENT LIVING RESIDENTS: Even with the slight decline in the King County rates of infection, the safest form of visitation continues to be outdoors with proper infection control in place. Bayview discourages indoor visitation until the county rates of infection decline further. If an Independent Resident insists upon visitation, the guidelines are as follows:

- The visitor must continue to attest to the Governor’s “Washington Ready” proclamation and Bayview’s infection control policies. This includes the truthful and honest screening process at reception. Failure to comply with the Governor’s proclamation or Bayview’s infection control policies will jeopardize visitation privileges.
- The visitor must move directly from the screening area to the resident’s apartment.
- The visitor is NOT allowed in public areas.
- Limit visitation to two (2) persons only.
- Limit visitation to one (1) visit a week to control Bayview’s viral exposure load.
- Limit visitation to no more than two (2) hours a visit to control Bayview’s viral exposure load.
- Residents and visitors must wear facemasks during visitation.
- Bayview **STONGLY** discourages “close contact” during outdoor or indoor visitation with visitors.
 - Please note vestibule locations are currently being used to schedule visitation for residents in regulated areas. We encourage you to conduct visitation outdoors, including vestibules but if there is a scheduled visitation occurring, please respect the privacy and protocols being taken place.
- Group activities will continue as scheduled, with proper infection control protocols in place including the core principles of infection control listed above. Group activity capacity is changed to:
 - Indoor group activity size: No more than ten (10) people with social distancing and source control use at all times
 - Outdoor group activity size: No more than twenty (20) people with social distancing and source control use at all times.
 - Activities involving vaccinated volunteers should not involve singing or percussion instruments as expelled droplets atomize and travel further distances, posing a larger risk of exposure and infection.
- Comingling of residents within different levels of care is limited to (ESP) visitation only.

ASSISTED LIVING RESIDENTS:

- Bayview encourages residents to remain in their apartments unless essential business is necessary or required. Essential business includes, but is not limited to:
 - Trips to a medical appointment.
 - Emergency treatment.
 - Trips to the grocery store.
 - Limited fitness or exercise.
- Even with the slight decline in the King County rates of infection, the safest form of visitation is outdoor visitation. This includes the “Red Bench” or other means of outdoor visitation as residents are able. Please be respectful of other people’s use of the Red Bench area and maintain social distancing at all times.
 - As the weather changes, residents should wear the proper clothing for outdoor visitation. Vestibules may be reserved for visitation purposes in the case of foul weather.
 - Residents will be brought down to the appropriate vestibule for the scheduled vestibule visit.

- Vestibule visits are unmonitored but limited to no longer than 45 minutes to allow for proper disinfection between visits and for other visitors to schedule. Please contact Pamela Yeo listed above to reserve a vestibule location.
- Regardless of vaccination status, outdoor or vestibule visitation may include up to five (5) people (including the resident) as long as social distancing can be maintained.
- Outdoor and vestibule visitors and residents must wear facemasks at all times.
- Indoor visitation is limited to scheduled Essential Support Personnel (ESP) visitation only.
 - ESP visitors are not allowed in public areas.
 - ESP visitors must continue to attest to the Governor’s “Washington Ready” proclamation and Bayview’s infection control policies. This includes the truthful and honest screening process at reception. Failure to comply with the Governor’s proclamation or Bayview’s infection control policies will jeopardize visitation privileges.
 - ESP visitors must be escorted onto the Assisted Living Unit and move directly from the screening area to the resident’s apartment.
 - ESP visitors and residents must wear source control while visiting the resident inside the resident’s apartment.
 - Only one (1) ESP visitor may be designated by each resident. The resident or resident’s responsible party may change the designated ESP visitor once every 30-days. Exceptions to this policy are made on a case-by-case basis.
 - The ESP visitation schedule, times, frequency, and duration, including after-hours ESP visitation will be individually set in accordance with the resident’s specific need for visitation. Please contact Pamela Yeo as listed above for assessment and further details.
- Compassionate Care Visitation (CCV) differs from Essential Support Personnel visitation and is usually reserved for instances surrounding of end-of-life circumstances. Please contact Pamela Yeo as listed above for more information about CCV visitation.
- Bayview STONGLY discourages “close contact” during outdoor or indoor visitation with visitors or ESPs.
- The Assisted Living Dining room is closed. The dining room will only be used for residents assessed as at risk for weight loss or needing physical assistance or cueing with dining.
- Group activities will continue as scheduled, with proper infection control protocols in place including the core principles of infection control listed above. Group activity capacity is reduced to:
 - Indoor group activity size: No more than ten (10) people with social distancing and source control use at all times.
 - Outdoor group activity size: No more than twenty (20) people with social distancing and source control use at all times.
 - Activities involving vaccinated volunteers should not involve singing or percussion instruments as expelled droplets atomize and travel farther, posing a larger risk of infection.
- Comingling of residents is limited to ESP visitation only.

SKILLED NURSING UNIT:

The Skilled Nursing Unit (Health Center) has successfully cleared the latest isolation exposure. The Health Center will formally clear the outbreak status on October 11th, 2021 if there continues no further signs or symptoms or positive test results of COVID-19.

- Bayview encourages residents to remain in their room unless essential business is necessary or required. Essential business includes, but is not limited to:
 - Trips to a medical appointment.
 - Emergency treatment.
 - Trips to the grocery store.
 - Limited fitness or exercise.

- Even with the slight decline in the King County rates of infection, the safest form of visitation is outdoor visitation. This includes the “Red Bench” or other means of outdoor visitation as residents are able. Please be respectful of other people’s use of the Red Bench area and maintain social distancing at all times. To schedule an outdoor visitation, please contact Janice Pate listed above.
 - As the weather changes, residents should wear the proper clothing for outdoor visitation. Vestibules may be reserved for visitation purposes in case of foul weather.
 - Residents will be brought down to the appropriate vestibule for the scheduled vestibule visit.
 - Vestibule visits are unmonitored but limited to no longer than 45 minutes to allow for proper disinfection between visits and for other visitors to schedule. Please contact Janice Pate listed above to reserve a vestibule location.
 - Regardless of vaccination status, outdoor or vestibule visitation may include up to five (5) people (including the resident) as long as social distancing can be maintained.
 - Outdoor visitors and residents must wear facemasks at all times.
- Indoor visitation is limited to scheduled Essential Support Personnel (ESP) visitation only.
 - ESP visitors are allowed in designated areas on the Health Center only to include:
 - The “Fish Tank” area.
 - The Dining room.
 - The outdoor courtyard (weather dependent).
 - ESP visitors must continue to attest to the Governor’s “Washington Ready” proclamation and Bayview’s infection control policies. This includes the truthful and honest screening process at reception. Failure to comply with the Governor’s proclamation or Bayview’s infection control policies will jeopardize visitation privileges.
 - ESP visitors must be escorted onto the Skilled Nursing Unit and move directly from the screening area to the resident’s designated visitation area.
 - ESP visitors and residents must wear source control while visiting.
 - Only one (1) ESP visitor may be designated by each resident or resident representative. The resident or resident’s responsible party may change the designated ESP once every 30-days. Exceptions to this policy are made on a case-by-case basis.
 - The ESP visitation schedule, times, frequency, and duration, including after-hours ESP visitation will be individually set in accordance with the resident’s specific need for visitation. Please contact Janice Pate as listed above for assessment and further details.
- Compassionate Care Visitation (CCV) differ from Essential Support Personnel visitation and is usually reserved for instances surrounding of end-of-life circumstances. Please contact Janice Pate as listed above for more information about CCV visitation.
- Bayview STONGLY discourages “close contact” during outdoor or indoor visitation with ESPs.
- The Skilled Nursing dining room is closed. The dining room will only be used for residents assessed as at risk for weight loss or needing physical assistance or cueing with dining.
- Group activities will continue as scheduled, with proper infection control protocols in place including the core principles of infection control listed above.
- Group activity capacity is reduced to:
 - Indoor group activity size: No more than ten (10) people with social distancing and source control use at all times.
 - Outdoor group activity size: No more than twenty (20) people with social distancing and source control use at all times.
 - Activities involving vaccinated volunteers should not involve singing or percussion instruments as expelled droplets atomize and travel farther, posing a larger risk of infection.
- Comingling of residents is limited to ESP visitation only.

DOROTHY'S PLACE MEMORY CARE RESIDENTS:

- Residents are encouraged to wear source control but may choose to not wear facemasks related to their diagnosed condition.
- Visitation is limited to scheduled Essential Support Personnel (ESP) visitation only.
 - ESP visitors are allowed in designated areas only to include:
 - The living room.
 - The Resident's apartment.
 - The outdoor courtyard (weather permitting).
 - Vestibule visits (assessment permitting).
 - ESP visitors are not permitted to begin a visit in one (1) location and move to a second (2nd) location during the visit.
 - ESP visitors must continue to attest to the Governor's "Washington Ready" proclamation and Bayview's infection control policies. This includes the truthful and honest screening process at reception. Failure to comply with the Governor's proclamation or Bayview's infection control policies will jeopardize visitation privileges.
 - ESP visitors must be escorted onto the Memory Care Unit and move directly from the screening area to the resident's designated visitation area.
 - ESP visitors and residents must wear source control while visiting the resident.
 - Only one (1) ESP visitor may be designated by each resident or resident representative. The resident or resident's responsible party may change the designated ESP once every 30-days. Exceptions to this policy are made on a case-by-case basis.
 - The ESP visitation schedule, times, frequency, and duration, including after-hours ESP visitation will be individually set in accordance with the resident's specific need for visitation. Please contact Pamela Yeo as listed above for further details.
- Compassionate Care Visitation (CCV) differ from Essential Support Personnel visitation and is usually reserved for instances surrounding of end-of-life circumstances. Please contact Pamela Yeo as listed above for more information about CCV visitation.
- Bayview STONGLY discourages "close contact" during outdoor or indoor visitation with ESPs.
- If an ESP intends to take their loved one off of the Memory Care unit, please inform the Assisted Living nurse or Pamela Yeo as listed above PRIOR to leaving the unit for assistance in escorting the resident off of Memory Care.
- Comingling of residents is limited to ESP visitation only.

TERRACE AND 10TH FLOOR HOURS:

Exercise is an essential activity, and all residents should have the ability to utilize the Terrace outdoor park.

- Terrace designated hours:
 - Independent Living Residents: Before 2:00pm and after 4:00pm
 - Assisted Living and Skilled Nursing Residents: Between 2:00pm – 4:00pm
- 10th floor designated hours:
 - Bayview strongly suggests limiting the use of the 10th floor.
 - Please exercise your judgement when accessing the 10th floor.
 - The space should not be used for social gatherings until further notice.
 - Independent Living Residents: Before 9:00am and after 11:00am
 - Assisted Living and Skilled Nursing Residents: Between 9:00am – 11:00am

SPECIAL EVENTS:

Until the King County Rate of Infection decreases, special events are not supported by Bayview. Special events include, but are not limited to:

- Family gatherings / reunions
- Birthday parties.
- Anniversary parties.

Families are encouraged to hold special events at a safe location, off-site, while observing the core principles of infection control.

CHILDREN:

- Children under the age of eighteen (18) do not qualify for Essential Support Personnel (ESP) visitation and will not be allowed inside of Bayview unless the child is part of the Child Development Center (ICC).
- Visitation with children under the age of twelve (12) is restricted to outdoor visitation only.
- Children under the age of twelve (12) and children in the ICC are unvaccinated and pose the highest risk to spread or become infected with COVID-19.
- Children under the age of twelve (12) and ICC children are restricted to designated areas only. These designated areas include:
 - Outdoor visitation areas such as the “Red Bench”.
 - Children’s playground.
 - ICC center.

FITNESS CENTER:

- The fitness center, including the pool, will continue with scheduled fitness activities only. Please sign up for your opportunity to continue fitness and exercise from the sign-up sheets located outside of the fitness center.
- Facemask use is required for residents in the fitness center.
- Sanitize the equipment before and after EACH use.
- Sanitize your hands before and after EACH equipment use.

ELEVATOR CAPACITY:

Elevators continue to pose a large threat of exposure related to:

- The inability to properly social distance,
- The enclosed, small space,
- The limitation or lack of air flow.

Elevator capacity is as follows:

- North Elevator: Three (3) people max.
- Large Tower Elevator: Three (3) people max.
- Small Tower Elevator: Two (2) people max.
- Small Central Elevator to A level: Two (2) people max.
- A-Level to Parking and Health Center: Two (2) people max.
- There will be helpful elevator signage to reiterate maximum capacities.
- Staff are required to use the stairs as much as possible to free up elevator use for Residents.
- Elevator capacity limitations include all employees at Bayview.

VACCINATIONS:

Bayview continues to work towards the Governor's mandate of 100% of employee and essential contractor vaccinations. More guidance has been released about booster shots and Bayview is in the initial phases of planning booster shot clinics. More information will be released as soon as possible.

If you choose to receive a booster shot or an influenza shot outside of Bayview, please contact your Primary Care Physician to schedule your vaccinations.

- In alignment with the Governor's and the Centers for Medicare and Medicaid Services (CMS) mandates, Bayview has now mandated proof of vaccination for all employees, essential providers and volunteers beginning October 18th, 2021.
- Essential Providers include, but are not limited to:
 - Private caregivers.
 - Home Health providers.
 - Private therapy providers.
 - Volunteers for any activity.
 - Ancillary services such as:
 - Beauticians.
 - Onsite dental hygienists
 - Onsite podiatrists
 - Any other vendor or provider that conducts business within Bayview such as:
 - Vending machine operators.
 - Movers.
 - Outside Maintenance / Repair personnel.
 - Please notify any private services you may be receiving now of Bayview's vaccination policy to avoid any interruption of services.
- There are specific dates that must be met in order to continue employment or for internal access to Bayview:
 - Employees, essential providers, and volunteers must have received their first dose of a "two shot" vaccine by September 13th, 2021.
 - Employees, essential providers, and volunteers must have received their dose of Johnson and Johnson vaccine or the second dose of a "two shot" vaccine by October 4th, 2021, in order to be fully vaccinated by the deadline of October 18th, 2021.
- There are only two (2) exceptions to this policy:
 - Religious exemption
 - Medical exemption
 - Personnel with Religious or Medical exemptions will be required to:
 - Full time employees: Test three (3) times per week
 - Part time / On-Call employees: Test each time they enter the facility
 - All employee exemptions: Wear PPD regardless of the rate of infection including source control and eye protection.
 - Attestation of vaccination from employees and vendors / contractors is no longer an acceptable form of proof of vaccination. Documented proof of vaccination or exemption will be required and kept on file.
 - Personnel not able to provide document proof vaccination or exemption will not be allowed in the facility. Vendors / Contractors may take a picture of their vaccination card on their cell / smart phone to show proof of vaccination.
 - Employees must give copies of their proof of vaccination or exemption to the Human Resources Department before October 18th, 2021.

- Attestation of vaccination for Essential Support Personnel (ESP), Compassionate Care Visitation (CCV) and other visitors (when allowed) is currently an acceptable form of vaccination and are NOT required to show proof of vaccination yet. This may change in the future.

TESTING LOCATIONS:

- There have been several requests for information about how to locate current COVID-19 testing locations.
- Please call 206-477-3977 or search online to find a current COVID-19 testing location.

Experiencing COVID-19 whiplash of concern and relief, tightened and loosened restrictions, and so on – is exhausting. It has also been extremely difficult to find the perfect balance between what some find acceptable and with what others find unacceptable regarding the continuation of restrictive measures. The fact is that the virus is vicious to the population we serve. Our guiding principle of designing Bayview’s COVID-19 policies are to always keep at the forefront of our minds the health, safety and well-being of our Residents, employees, family members and friends. Your safety is our priority. Thank you endlessly for your vigilance and unending patience. As seasons change, so begins renewed hope.

Sincerely,



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