



**For Immediate Release**

## **MEDIA ALERT**

### **Creativity and Aging between Two Generations: Foot and Hand Painting**

**WHAT:** Magical things happen when you pair the young and the old. A lot of times as we age, we have less and less control of our hands and feet. Because our feet is the foundation and base of our body, it is so important to stay connected and mobile. In this foot and hand painting activity, seniors and children will engage in a poignant and uplifting creative endeavor.

**WHEN:** Tuesday, January 26<sup>th</sup> at 10:00 am

**WHERE:** Bayview Retirement Community Wellness Center | 11 West Aloha St | Seattle, WA 98119

**WHO:** Bayview residents come together to sing, dance, and make art with Early Learners from Bayview's Intergenerational Children's Center. Bayview Wellness Director Jeff Goldsmith and staff photographer will be on hand.

**WHY:** Little do people know that Bayview has its very own Intergenerational Children's Center tucked away in the 10 story building. Bayview continues to aim at transforming the experience of aging no matter what part of the age spectrum you fall in.

*YOUR COVERAGE IS INVITED*

**CONTACT:** Jill Chang, Director of Creative Communications

(206) 691-5381

[jchang@bayviewseattle.org](mailto:jchang@bayviewseattle.org)

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