



## MEMORANDUM

September 21, 2023

**From:** Nancy Weinbeck, CEO  
**To:** Residents, staff, families, and visitors  
**Re:** **Covid-19 Update and New Guidelines**

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### **In-Community Positive Covid Cases**

As of the writing of this memo on Thursday, September 21, 2023, we have a total of three (3) COVID positive cases in the building. This update will occur weekly. The following breakdown is as follows:

- Three residents in Independent Living
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As we enter the cold and flu season, it will be important for all members of the community to be mindful of their own personal health and take appropriate action when they don't feel well. Flu, RSV and Covid-19 are realities for which we must be vigilant. We are issuing the guidance by adhering to best practices and our interpretation of CDC recommendations. At all times, our goal is to promote a healthy community.

### **New Bayview COVID Guidelines**

Due to the changing nature of the COVID variants, guidelines continue to change along with the variants. As it stands today at Bayview, here are our guidelines:

#### **Day Zero (0) is the day that someone tests positive or is epi-linked (exposed) to a positive case.**

We are asking that **anyone** epi-linked (exposed) to a positive case wear an N95 mask for the next 10 days if they are out in the community.

#### ***If you are Covid Negative & Asymptomatic after an Exposure***

- No quarantine required.
- You should wear an N95 mask through day ten (10).
- You are asked to minimize movement inside the building, thereby lowering risk.
- You are asked to avoid group settings, including dining in the dining room.
- There will be no testing required in this instance. (Asymptomatic)
- There will be no isolation cart outside your apartment.



***If you are Covid-Positive (Symptomatic OR Asymptomatic)***

- Quarantine through day ten (10)
- An infection control cart will be placed at your door, for visitors & staff.
- Arrangements for housekeeping and dining services (no delivery fees)
- Exiting quarantine requires;
  - resolution of fever without the use of fever-reducing medications, and
  - improvement in symptoms (e.g., cough, shortness of breath), and
  - test results are negative from at least two consecutive specimens collected 48 hours apart (total of two negative specimens) tested using an antigen test or NAAT from day 3 on.
- If you test positive for more than ten (10) days, please consult your doctor, and follow their guidance.

For your safety, please consult with your physician regarding the most-appropriate type of mask and brand of Covid test for you. Bayview is not able to recommend a particular option because each resident’s personal medical history is to be considered for these items. There is currently no state-guided mandate.

**And as always,**

- If you are not feeling well, please take care of yourself, consult your primary care physician if applicable, and stay home to avoid getting anyone else sick.
- We encourage the use of rapid self-tests, also called at-home tests, as a quick and convenient way to screen for COVID-19 on your own. You may find rapid tests in stores, pharmacies and online.
- Masks are required for visits to Skilled Nursing, Assisted Living, and Memory Care.

If you have further questions or concerns, please contact the appropriate team leader listed below.

Sincerely,

Nancy Weinbeck  
CEO Bayview

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